

Discover the Perfect Venue

2019 GUIDE TO UK RETREAT VENUES

For Your Next Retreat



RETREATS AND VENUES



Contents

- 02 - 03 Contents
- 04 United Kingdom
- 05 Venues & Resorts
- 06 - 07 Alladale Wilderness Reserve
- 17 Contact Us

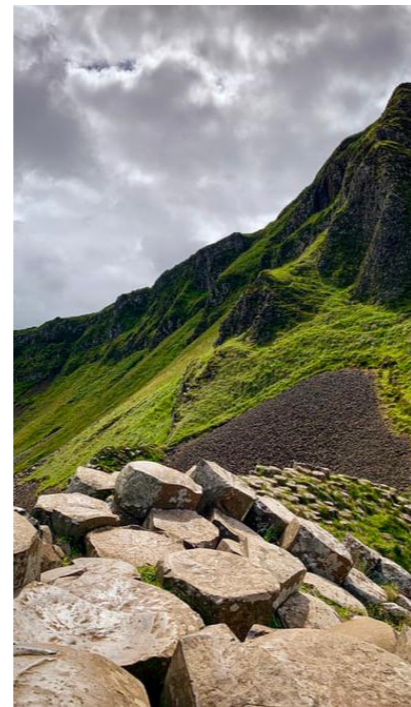
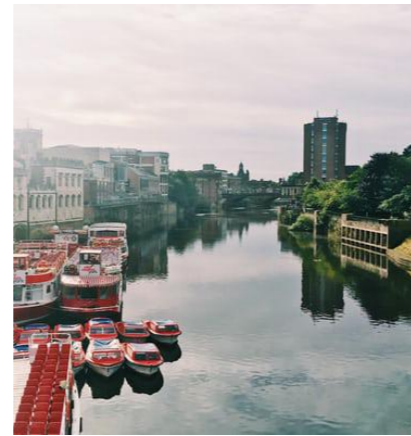


Discover leading retreats,
 stunning venues
 and welcoming hosts
 AROUND THE WORLD



RETREATS AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L
 Email: matt@retreatsandvenues.com
www.retreatsandvenues.com



Discover Your Next Retreat

UNITED KINGDOM

Discover leading retreats, stunning venues and welcoming hosts around the world



Lime House Yoga

14 PEOPLE

7 ROOMS

NEWQUAY

RETREAT CENTER

CORNWALL, ENGLAND

Our yoga studio on the North Cornwall coast delivers classes, workshops, and retreats designed to calm, nurture and inspire. Our experienced teachers provide guidance, knowledge, and adjustment to begin or deepen your yoga and meditation practice in a safe and playful environment. As well as weekly classes, One 2 One tuition, and workshops, we are privileged to host some of the world's most experienced national and international teachers for yoga retreats and teacher training right here in Cornwall.



www.limehouseyoga.com

[instagram.com/limehouseyoga/?hl=en](https://www.instagram.com/limehouseyoga/?hl=en)

ecoYoga

13 ROOMS

RETREAT CENTER

LOCHGILPHEAD, SCOTLAND

GLASGOW

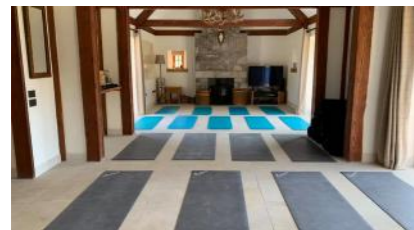
20 PEOPLE

At ecoYoga we run fully catered courses and retreats throughout the year with some of the most renowned and respected Yoga teachers. When retreats are not running stay with us on a self-catering basis and study in-depth self-practice in our wonderful underfloor heated Yoga studio. Have a hot tub, sauna or enjoy our hot wild river baths overlooking the river Liever. All our bathing is powered by 100% renewable energy and the water used is from our own private spring - a wonderful 'soft' water that leaves the skin soft and shiny. The ecoYoga centre has 13 bedrooms and one shared yurt



<http://www.ecoyoga.org/>

[instagram.com/ecoyoga_scotland/](https://www.instagram.com/ecoyoga_scotland/)



Alladale Wilderness Reserve

- HIGHLANDS, SCOTLAND
- 26 PEOPLE
- 12 ROOMS
- INVERNESS AIRPORT
- WILDERNESS RESERVE

Alladale Wilderness Reserve is a 23,000-acre gem in the Scottish Highlands, about 1.5 hours North of Inverness. We work hard to keep this part of Scotland truly wild, by replanting lush forest and reintroducing original Highland plant & animal species. Alladale's rugged terrain, dramatic glens, colorful hills, glistening rivers, and herds of majestic red deer will take your breath away.

www.alladale.com



FEATURES

- Private Gym
- Bikes
- Ranger Guided Tours
- Sauna
- Whiskey Tastings
- Yoga Studio
- Massages

Alladale offers three types of accommodation on site: the luxury Victorian lodge, two comfortable self/catered cottages, and a rustic bunkhouse tucked away deep in the reserve. 7% of our accommodation revenue is transferred to our partner The European Nature Trust. So by staying with us, you will contribute directly to a variety of conservation and restorations efforts throughout Europe. We would love to welcome you here.

[instagram.com/alladalewildernessreserve](https://www.instagram.com/alladalewildernessreserve)

Dev Aura

 35 PEOPLE
  20 ROOMS
 DERBY
  RETREAT CENTER
 HUMBERSIDE AIRPORT

Nestled in the heart of the Lincolnshire Wolds, Dev Aura welcomes retreat holders and visitors with a sense of depth that goes into everything they do. The house has a versatile studio space with panoramic views of the 40 acres of beautifully tended gardens, perfect for relaxation, contemplation and meditation. Dev Aura, a beautifully restored country rectory, is also the residential training centre for Aura-Soma Colour-Care-System®, an independent colour education that puts the individual back at the centre of their wellbeing.



 <http://devaura.net/>

Nab Cottage

 16 PEOPLE
  7 ROOMS
 MANCHESTER
  RETREAT CENTER
 ENGLISH LAKE DISTRICT, ENGLAND

Nab Cottage B&B and workshop venue stands alone on the side of Rydal Water, in the centre of the English Lake District. The situation is idyllic; surrounded by mountains in the heart of the valley, yet only 2 miles from Ambleside and Grasmere. The rooms are all individually furnished and are all warm and cozy, some with lake views. Rydal Water is in the heart of the English Lake District near Ambleside and Grasmere.





 www.rydalwater.com

High Trenhouse

 27 PEOPLE
  20 ROOMS
 LEEDS
  SPECIALIST EXCLUSIVE USE
 YORKSHIRE DALES, ENGLAND

High Trenhouse is a privately owned residential management centre that welcomes visitors with authentic hospitality. Its stimulating and wholesome ambiance provides excellent facilities for relationship-building interaction. Its purpose is to inspire vision, stimulate creativity and raise awareness to help clients contribute to a better world. In the almost 30 years since then, High Trenhouse residential management centre has hosted and facilitated countless management groups as they tackled the challenges of change.




 www.high-trenhouse.co.uk
 [Instagram@hightrenhouse](https://www.instagram.com/hightrenhouse)

Acornwellness Retreat

 12 PEOPLE
  RETREAT CENTER
 NIDDERDALE, NORTH YORKSHIRE
 LEEDS BRADFORD

Nestled in the beautiful rolling hills of the Nidderdale Valley, The Acorn is the perfect sanctuary to find replenishment and revitalization. It is a place to inspire, nurture and nourish your mind, body, and soul. Here at Acorn wellness, we attempt to provide events that are accessible and varied from 8-week mindfulness courses to day retreats and pop up gong baths or essential oil workshops. We hire out to other specialists for weekend wellness events



 [instagram.com/acornretreat/?hl=en](https://www.instagram.com/acornretreat/?hl=en)
 <https://www.acornwellness.co.uk>

West Lexham

 16-90 PEOPLE
  20 ROOMS
 STANSTED
  RETREAT CENTER
 NORFOLK, ENGLAND

Tucked away in the heart of the Norfolk countryside our treehouses and bell tents will bring childhood dreams alive, each individually and lovingly designed, they certainly put the glamour into glamping. Ranging from stunning two-story treehouses complete with fitted kitchens and en-suites to cozy bohemian bell tents, there is something for everyone. The estate is an eco-friendly paradise, run on over 90% renewable energy and full of wildlife just waiting to be explored (tree-hugging is always encouraged).



 [instagram.com/west_lexham](https://www.instagram.com/west_lexham)

 www.westlexham.org

Gaunts House

 85 PEOPLE
  45 ROOMS
 BOURNEMOUTH
  RETREAT CENTER
 DORSET, ENGLAND

Gaunts House is a part of The Richard Glyn Foundation, located in the beautiful Dorset Countryside. It is a place of Profound Learning, where like-minded people can come together to share experiences, teach, laugh, play, and flourish. We aim to provide a comfortable environment with an open atmosphere such that visitors may feel inspired to seek their inner self and their own path to follow.

 www.gaunthouse.com



TurfNSurf Lodge & Surf School






 30 PEOPLE
  8 ROOMS
 BELFAST
  DONEGAL, IRELAND

TurfNSurf is located in the heart of Bundoran town, which is situated in the southwest of county Donegal. TurfnSurf is a hostel and activity provider based in Bundoran on Ireland's north-west surf coast. We are a part of one of the largest activity providers in the north-west offering accommodation and surfing. Go surfing, kayaking, cliff jumping or coastering. Explore the Atlantic Ocean, cliffs, mountains and golden sandy beaches of Ireland's beautiful north-west coast.

 <https://www.turfnurftours.com>



The Zest Life

 16 PEOPLE
  9 ROOMS
 MANCHESTER
  WALES, UK
 RETREAT CENTER

The Zest Life was created from a love for yoga and the outdoors by founder Laura Bell in 2011. You get to do as little or as much as you like during that time, with activities to energize and inspire such as hiking Snowdon, Stand Up Paddling and wild swimming to activities to calm and restore such as yoga, meditation and beach walks.

 www.thezestlife.co.uk



The High Nature Centre

21 PEOPLE



FEATURES

✈️ EXETER

🏠 RETREAT CENTER

📍 SOUTH DEVON, UK

The High Nature Centre is a 5 acre small holding located on a coastal plateau 130m above sea level on the South Devon Coast. The site is level and surrounded by mature hedges, and is a short walk away from a dramatic picturesque stretch of the South West Coast Path and some of the most spectacular sandy beaches in England.

🌐 www.high-nature.co.uk

The Redfield Centre

23 PEOPLE 4 ROOMS



FEATURES

✈️ LUTON

🏠 SIMPLE, ECO ACCOMMODATION

The Redfield Centre is a residential course venue sited in the converted stable and coach house at Redfield Community in Winslow, Buckinghamshire. The Redfield Centre is located within the grounds of a community. It has converted stable blocks, a compost toilet, solar panels, use eco products and have a focus on sustainability. Affordable group accommodation in Buckinghamshire available to hire for business or leisure purposes, with classrooms.

📍 BUCKINGHAMSHIRE, UK

🌐 <https://redfieldcentre.wordpress.com/>

Inner Guidance Retreat Centre

16 PEOPLE 8 ROOMS



FEATURES

📍 LAVENHAM, ENGLAND

Welcome to our 16th Century Grade 2 Listed Retreat Centre. The beautiful 500 year old venue is just outside the stunning village of Lavenham, which is probably the most picturesque medieval village you will come across. Jo and Dominic host luxury transformational retreats, delivering a five star service with prices including all sessions, food, drinks and luxury accommodation. There is also the opportunity to hire our fabulous centre to bring your own group. We are a sober venue with vegan food.

✈️ LONDON

🏠 RETREAT CENTER

📷 [instagram.com/inner_guidance](https://www.instagram.com/inner_guidance)

🌐 www.innerguidance.co.uk

Rosemerrywood

18 PEOPLE 8 ROOMS



FEATURES

✈️ NEWQUAY

🏠 RETREAT CENTER

📍 WEST CORNWALL, UK

Secluded holiday house and cottage, close to the sea. Rosemerry and Rosemerry Cottage are set in seven acres of magical woodland, which they share with a two thousand year old man made cave or temple, the Boleigh Fogou, just one of numerous such Ancient Celtic Sites to be found in the far west of Cornwall. The fogou was once part of an iron-age settlement perched on a knoll above the Lamorna River

🌐 <http://rosemerrywood.co.uk/>

Crowborough Farm

12 PEOPLE



NORTH DEVON, UK

crowboroughfarm.com

FEATURES

✈️ EXETER

🏠 FARM

A quietly tucked-away village farm in Georgeham, within walking distance of pub and shop, and just a few minutes from the famous beaches of Putsborough, Croyde, Saunton and Woolacombe. Large modernised family farmhouse, with accommodation for up to 14 guests. Self contained & private detached cottage for families of 5-6, available to let separately or as overspill accommodation for large groups. Booking packages include full plant based catering.

Orchard Air

14 PEOPLE 5 ROOMS



www.orchardair.co.uk

[Instagram.com/Orchard.Air](https://www.instagram.com/Orchard.Air)

FEATURES

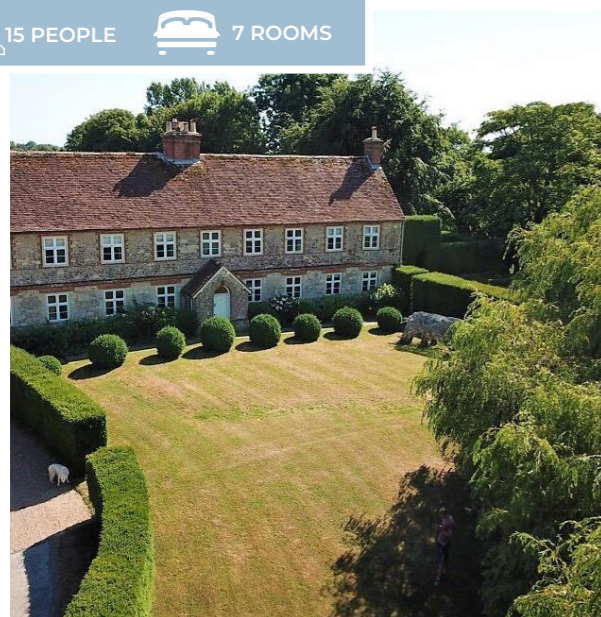
📍 CORNWALL, ENGLAND

✈️ NEWQUAY

The Orchard is a unique spacious sanctuary sitting in grounds of nearly an acre. Beautiful light-filled accommodation, woodlands and a specially-designed space for group activities make it a perfect venue to create your own retreat for small groups in Cornwall. In a peaceful location, just a 10-minute walk into the friendly town of Wadebridge and a scenic cycle along the Camel Trail to Padstow and its golden beaches.

Hunston Manor House

15 PEOPLE 7 ROOMS



www.hunstonmanorhouse.co.uk

[hunstonmanorhouse](https://www.instagram.com/hunstonmanorhouse)

FEATURES

✈️ GATWICK

🏠 A MANOR HOUSE

📍 CHICHESTER, WEST SUSSEX

Hunston Manor House is a soulful 17th century English Manor set in three acres of mature gardens perched on the Manhood Peninsula, one mile south of Chichester in West Sussex. The entire property is available to rent for family gatherings and rural holidays, for people looking to host retreats or workshops, or location scouts looking for their next backdrop. It is an utterly unique and tranquil place.

Cornish Tipi Holidays



www.cornishtipiholidays.co.uk

[instagram.com/cornishtipis/](https://www.instagram.com/cornishtipis/)

FEATURES

✈️ EXETER

🏠 TIPI CAMPSITE

📍 BODMIN, ENGLAND

Wake up to the sound of birdsong; go swimming before breakfast in the clear water of a secluded lake. Cook your bacon and eggs over an open fire while you plan your day, or just laze it away in the peace and quiet of your own personal tipi. Truly away from it all Cornish Tipi's offers something for everyone: romantic breaks for couples or families on summer holiday, host your own retreat or plan your perfect wedding.

VENUES & RETREATS

Bare Souls

70 PEOPLE 17 ROOMS



FEATURES

✈️ NEWCASTLE 🏠 ECO VILLAGE

📍 NORTH YORKSHIRE, ENGLAND

Camp Katur is an 'Off Grid' Glamping experience in North Yorkshire set within the beautiful 250 acre Camp Hill Manor Estate of North Yorkshire and known as the home of outdoor adventure, Camp Katur offers a truly memorable Yorkshire Glamping holiday.

📷 [instagram.com/camp_katur](https://www.instagram.com/camp_katur)

🌐 www.campkatur.com

Bore Place

50 PEOPLE 25 ROOMS



FEATURES

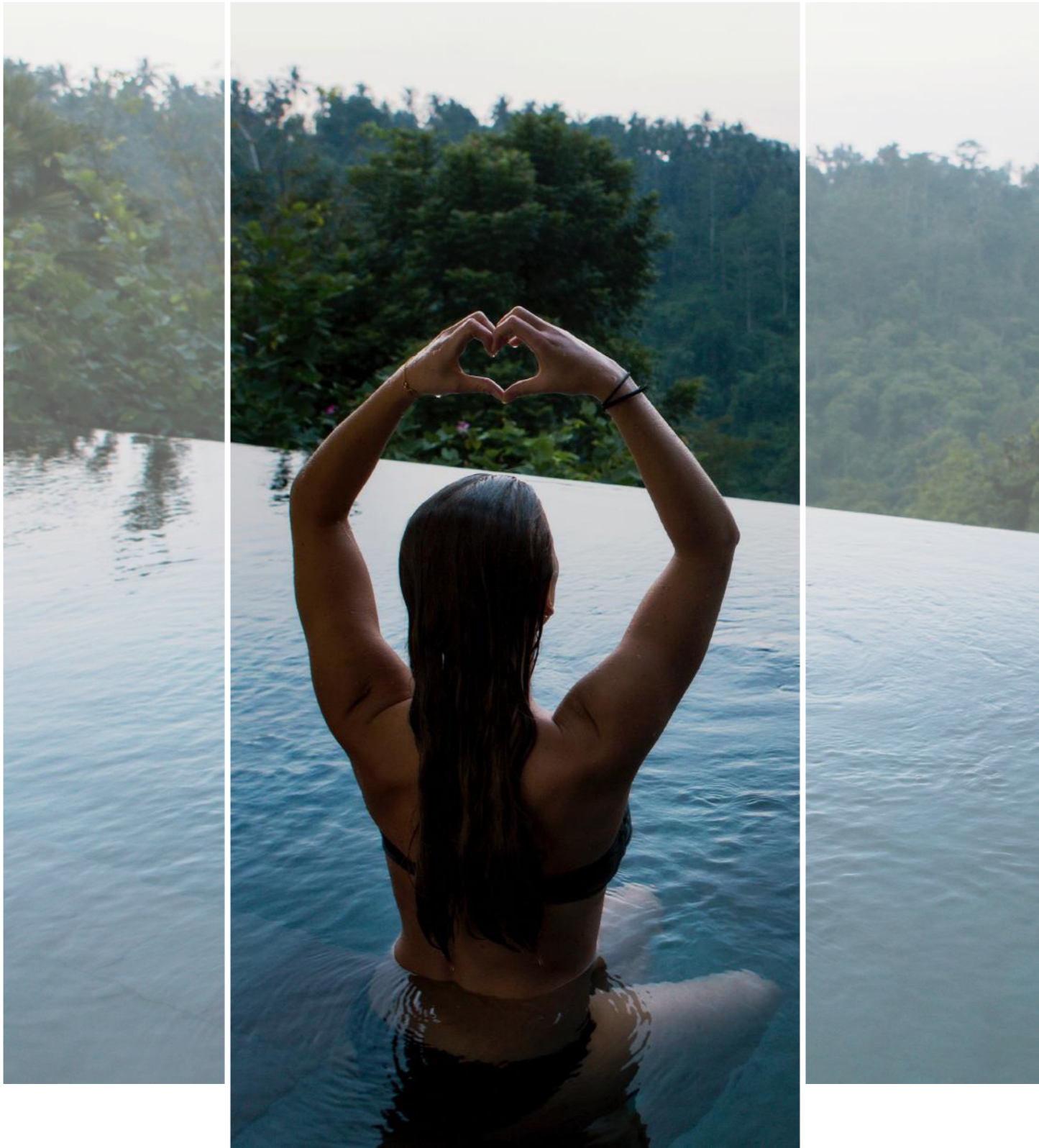
✈️ GATWICK 📍 KENT, ENGLAND

🏠 EDUCATION AND SUSTAINABILITY CENTRE

We are situated in a private organically managed 500 acre estate in glorious Kent countryside. We are an environmentally friendly venue and can provide organic food for visiting groups. We have a large barn ideal for yoga or other groups practice as well as 3 separate buildings providing overnight accommodation.

📷 [instagram.com/boreplace/](https://www.instagram.com/boreplace/)

🌐 www.boreplace.org



RETREATS AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L
Email: matt@retreatsandvenues.com
retreatsandvenues.com

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