

*Discover the Perfect Venue*

## 2019 GUIDE TO **CARIBBEAN RETREAT** VENUES

*For Your Next Retreat*



RETREATS AND VENUES



# Contents

02 - 03    Contents

04        The Caribbean

05        Venues & Resorts

06-07    Go Natural Jamaica

08-12    Venues & Resorts

13        Contact Us



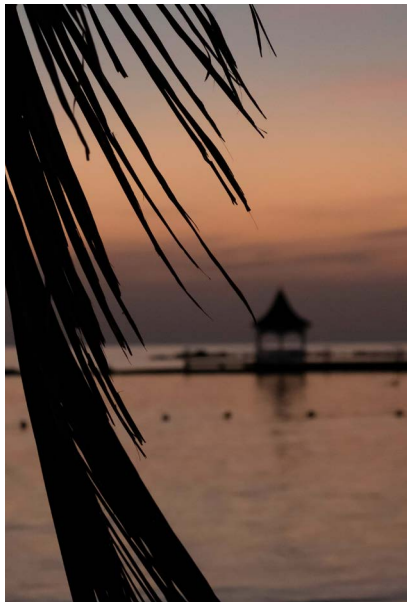
Discover leading retreats,  
stunning venues  
and welcoming hosts  
*AROUND THE WORLD*



## RETREATS AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L  
Phone: +1 604 779-1459 Email: [matt@retreatsandvenues.com](mailto:matt@retreatsandvenues.com)  
[www.retreatsandvenues.com](http://www.retreatsandvenues.com)





*Discover Your Next Retreat*

# THE CARIBBEAN

Discover leading retreats, stunning venues and welcoming hosts around the world



# The Spa Retreat Boutique Hotel

- 43 PEOPLE
- 18 ROOMS
- NEGRIL, JAMAICA
- RESORT
- MONTEGO BAY AIRPORT

The ideal travel destination, romantic escape, wedding destination, health, wellness and golf retreat. The Spa Retreat Boutique Hotel is an adult's only luxury escape and an award-winning boutique resort nestled on oceanfront cliffs of one of the most famous islands in the Caribbean. We are proud to be rated number one on TripAdvisor for several consecutive years. With direct ocean access, a seawater pool, full-service day spa, activities and tours, and a farm-to-table restaurant, we are the perfect getaway.

[www.thespajamaica.com/](http://www.thespajamaica.com/) [www.instagram.com/thesparetreatjamaica/](https://www.instagram.com/thesparetreatjamaica/)



# Samaná Ocean View Eco Lodge

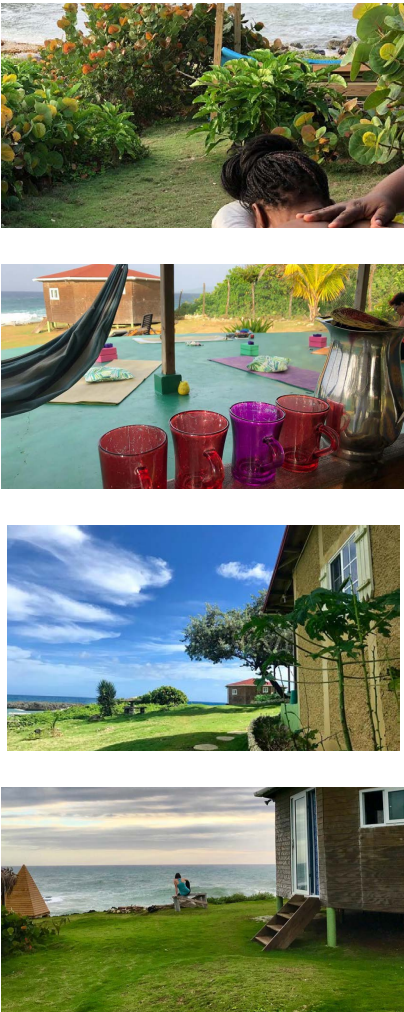
- 28 PEOPLE
- 14 ROOMS
- LAS GALERAS, DOMINICAN REPUBLIC
- SANTO DOMINGO AIRPORT
- RESORT

The property was recently renovated and shines with modern conveniences. The 14 beautifully designed bungalows are ideal for two people, meaning the Eco-Lodge can easily accommodate up to 28. However, during Yoga retreats the bungalows will generally be occupied by a single person. The small cottages offer plenty of privacy as well as great views of the Atlantic, the peninsula and the bay of Samaná.



[caribeyoga.com/en](http://caribeyoga.com/en)





# Go Natural Jamaica

PORTLAND, JAMAICA

RETREAT CENTER

KINGSTON AIRPORT

15 PEOPLE

6 ROOMS

In the heart of nature, surrounded by stunning landscapes and with the soothing sound of crashing waves, that is Go Natural Jamaica Sanctuary, a perfect place for your retreat.

We are directly on the seaside, with fantastic ocean views and surrounded by gorgeous green nature. A quiet and safe space where you can relax hearing the singing birds and the ever flowing voice of the ocean “This is the most amazing place where I ever taught” Sharon (Master Yoga teacher, Canada)

<https://www.instagram.com/gonaturaljamaica/>

## FEATURES

- Wi-Fi internet
  - Housekeeping daily
  - Purified water, herbs tea
  - Tropical garden
  - Private beach.
- Sea Lagune
  - Library with conscious books
  - Living and dining areas & Sofas & Swings
- Hammocks
  - Sunbathing chairs & Daybed
  - 24/7 security guard
  - Fans, AC available

We will help you to create The Best Retreat ever! We have 6+ years of experience of doing our Yoga Retreats & group Retreats in collaboration with others & will make this experience so smooth and easy for you, satisfying & the result will be THE MOST AMAZING RETREAT for you & your group full of little sweet details that will make you & your tribe enjoy this Jamaican experience to the max! We can accommodate up to 15 persons in mixed & shared accommodations (2 villas, 3 private rooms & dorm room) \*more than 5 people, organizer is free

[www.gonaturaljamaica.com](http://www.gonaturaljamaica.com)



# Ki-Ra Holistic Living

18 PEOPLE 12 ROOMS



SAINT JAMES AIRPORT

CHAVÓN, DOMINICAN REPUBLIC RETREAT CENTER

thesparetreatjamaica

## FEATURES

The ideal travel destination, romantic escape, wedding destination, health, wellness and golf retreat. The Spa Retreat Boutique Hotel is an adult's only luxury escape and an award-winning boutique resort nestled on oceanfront cliffs of one of the most famous islands in the Caribbean. We are proud to be rated number one on TripAdvisor for several consecutive years. With direct ocean access, a seawater pool, full-service day spa, activities and tours, and a farm-to-table restaurant, we are the perfect getaway.

www.thespajamaica.com/

# Camp Cabarita Wellbeing Eco Resort

18 PEOPLE 4 ROOMS



MONTEGO BAY AIRPORT

WESTMORELAND, JAMAICA RESORT

http://instagram.com/campcabarita

## FEATURES

Camp Cabarita Eco Resort Jamaica, is a riverside mountain paradise that blends sustainable luxury and Jamaican culture. Your room, the views, resort grounds and surrounding environment will connect you to nature. Experience amazing eco adventures to waterfalls, caves, secluded springs. Rejuvenate with wellness treatments, coffee skin scrubs, herbal soaks & more. Nourish yourself Jamaican food sourced from our on site gardens and neighboring farms. Immerse yourself in Jamaican culture, people, community, music and lifestyle.

www.campcabarita.com

# Flower Hill

16 PEOPLE 6 ROOMS



MONTEGO BAY VILLA

MONTEGO BAY, JAMAICA

www.flowerhilljamaica.com

## FEATURES

A destination in its own right, Flower Hill offers the very best of Jamaica - and embraces the world. Flower Hill is ideal for 5 couples – children are welcome and the house has the flexibility to cater to families of multiple generations. We can accommodate up to 17 guests by turning sitting-rooms into bedrooms (with shower bathroom), featuring pull-out or pull-down beds. Flower Hill is also a wonderfully romantic setting for weddings with parties up to 100 guests.

# Seven Palms Villa

20 PEOPLE 5 ROOMS



MONTEGO BAY VILLA

RUNAWAY BAY, JAMAICA


SevenPalmsVilla.com


## FEATURES


Seven Palms Villa is a beautiful 5-bedroom, 6 bathroom home set on a two acre manicured estate, bordering the Jewel Runaway Bay Golf Course, and is just a short walk to the beach. The estate is gorgeous and covered with beautiful trees and flowers. The villa itself is spacious and offers a large open design with indoor gardens and fountains, comfortable seating and of course all the modern luxuries, including; Wi-Fi and air-conditioning, a security system and staff to care for your every need






# Marley Resort & Spa

 16 PEOPLE



 **NASSAU AIRPORT**



 **NASSAU, BAHAMAS**  **RESORT**

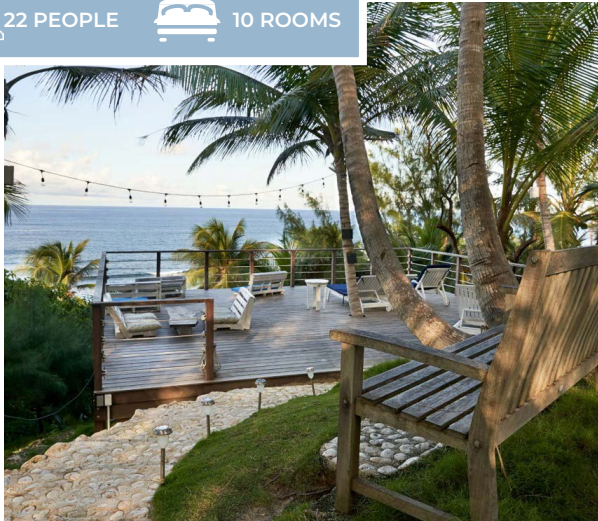
 [www.marleyresort.com](http://www.marleyresort.com)


**FEATURES**


Welcome to our home away from home. Marley Resort & Spa is a luxury boutique resort and spa located on Cable Beach, Nassau, Bahamas. Our luxurious 16 themed suites blend the warmth of Marley history with ultimate comfort and convenience. We invite you to visit what was once the Marley Family private haven and where the service is unparalleled. Amid Nassau's atmosphere of relaxed and artful living, Marley Resort & Spa is a true haven for travelers. Spanning past and present, its accommodations and amenities are as beautiful and unusual as its setting.

# ECO Lifestyle + Lodge



 22 PEOPLE  10 ROOMS




 **BRIDGETOWN AIRPORT**

 [www.instagram.com/ecolifelodge/](https://www.instagram.com/ecolifelodge/)



**FEATURES**

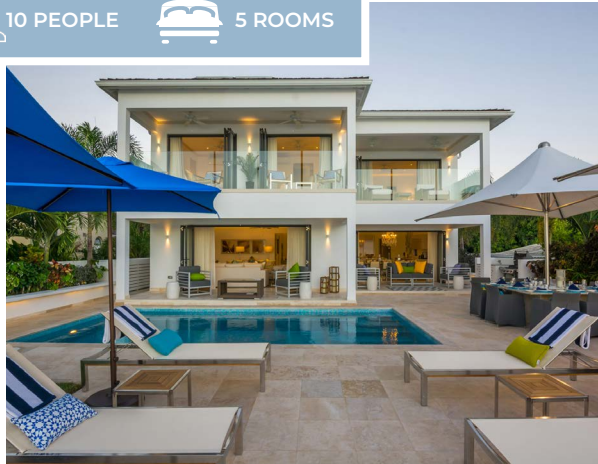
 **BATHSHEBA, BARBADOS**  **BOUTIQUE HOTEL**


ECO Lifestyle + Lodge is an intimate boutique hotel located on the idyllic East Coast of Barbados, facing the Atlantic Ocean. Here you'll find breezy carefree days and tranquil starlit nights, where your time is your own and your pace is determined by the beat of your own drum.



 [www.ecolifestylodge.com](http://www.ecolifestylodge.com)


# Nirvana Beach House

 10 PEOPLE  5 ROOMS



 **BRIDGETOWN AIRPORT**


 **BATHSHEBA, BARBADOS**  **VILLA**


 [www.nirvana-barbados.com](http://www.nirvana-barbados.com)


**FEATURES**



This dazzling super luxury beachfront villa offers the same high quality contemporary interiors as Mirador but includes a fifth bedroom. Nirvana's top floor has been transformed into a unique sunset bar with plenty of seating, offering elevated sea and beach views and once the sun has set the uplifting music and glow of the subtle lighting takes over while guests enjoy expertly prepared cocktails and canapés under a star filled night.


# Sandy Lane Hotel

 118 ROOMS



 **SAINT JAMES AIRPORT**

 **BARBADOS**  **RESORT**

 [www.sandylane.com](http://www.sandylane.com)


**FEATURES**


Sandy Lane has it all: a perfect location in Barbados for a luxury Caribbean holiday, overlooking the Caribbean Sea on a tranquil coral sand beach, shaded by mature mahogany trees, the timeless and classic elegance of the Palladian buildings mirrored in the spacious comfort of the 112 hotel rooms and suites, a stunning private villa, exceptional golf, gourmet dining, an outstanding spa, superb sports facilities and finally, an exceptional level of warm Barbadian hospitality.




VENUES & RETREATS

# Brisas Doradas

 14 PEOPLE

 6 ROOMS



 PUERTO PLATA AIRPORT

 CABARETE, DOMINICAN REPUBLIC

 [brisasdoradashotelcabarete](#)


 [www.brisasdoradas.com](#)


FEATURES





This split 2-level charming north facing property provides an excellent sun exposure and the open post-colonial layout is spectacular, bestowing each room with privacy and tranquility and offers a private pool and Jacuzzi. The semi-private beach is right outside the property gates and always in full view and the beautiful town of Cabarete is only 3 miles away. The full outdoor kitchen with large poolside gazebo will make your stay the prefect experience.


# Dominican Tree House Village

 54 PEOPLE

 22 ROOMS



 SAMANA, DOMINICAN REPUBLIC

 SANTO DOMINGO AIRPORT

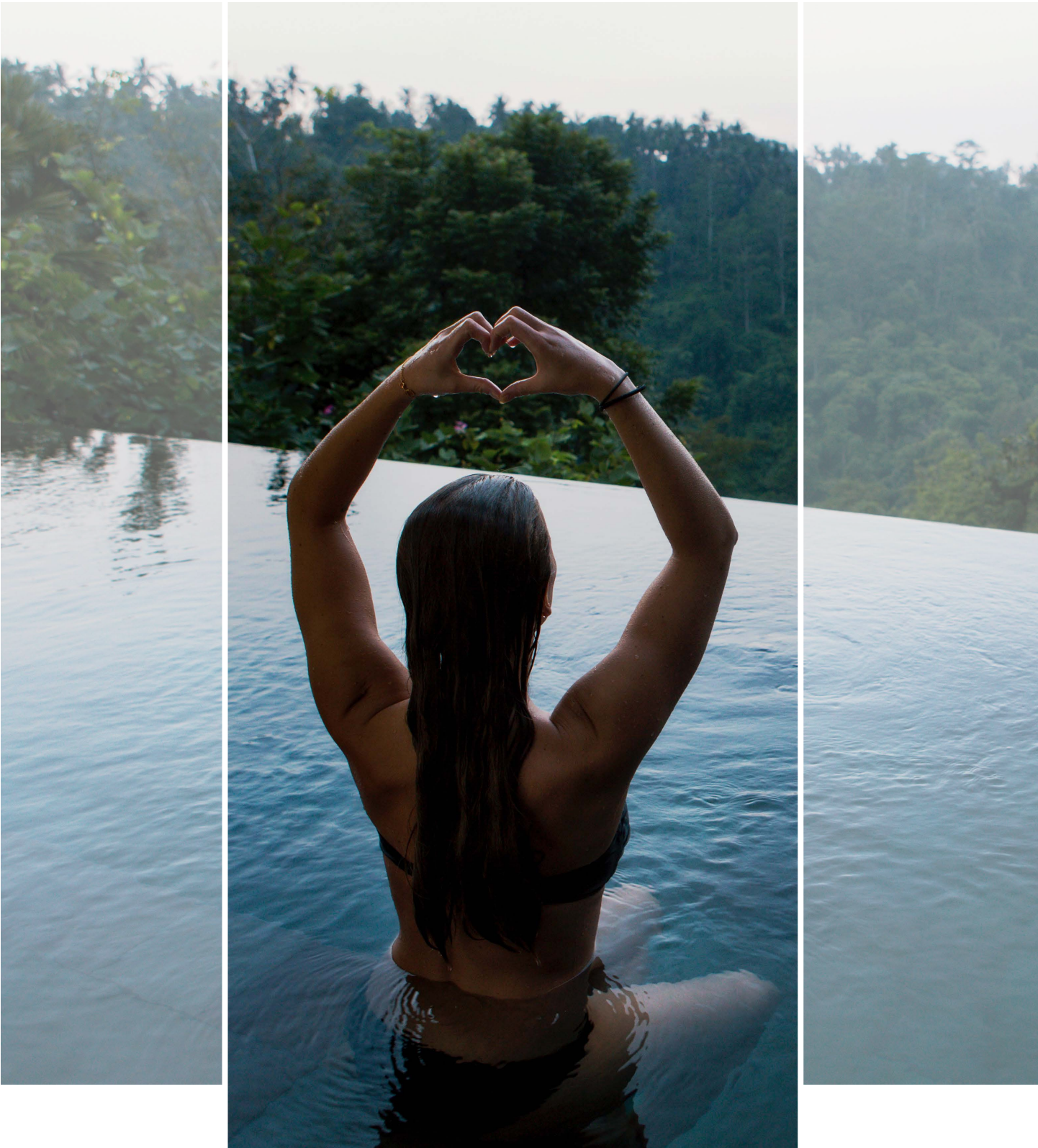
 [dominantreehousevillage](#)

 [dominantreehousevillage.com](#)

FEATURES



We are tucked inside a luscious valley in the Caribbean jungle, we have an open air concept that allows you to connect with nature and disconnect from the busy lifestyle of the modern world. The world's geatest Eco Village is found in the Dominican Republic... We have 22 Eco-friendly Tree Houses in a secluded valley where we celebrate nature and practice human connection daily. Come visit us!



## RETREATS AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L  
Phone: +1 604 779-1459 Email: [matt@retreatsandvenues.com](mailto:matt@retreatsandvenues.com)  
[www.retreatsandvenues.com](http://www.retreatsandvenues.com)