2019 GUIDE TO SOUTH AFRICAN RETREAT VENUES

For Your Next Retreat



Contents

02 - 03 **Contents**

04 South Africa

05 - 07 Venues & Resorts

08 Contact Us













Discover leading retreats, stunning venues and welcoming hosts AROUND THE WORLD



RETREAT AND VENUES

2 © RETREATSANDVENUES 3

SOUTH AFRICA VENUES & RETREATS

Discover Your Next Retreat

SOUTH

AFRICA

Discover leading retreats,

stunning venues and welcoming hosts









Guinevere Guest Farm











Guinevere Guest Farm is a beautiful and spacious farmhouse located in the historic Land van Waveren valley in Tulbagh, Western Cape. It is an ideal venue to host private yoga, wellness, and holistic retreats and workshops. The bedrooms are spacious and furnished with an eclectic mix of modern and antique furniture and original art and are located on the 2nd and 1st level. The spacious farmhouse is a great place to accommodate large groups all under one roof.











4 © RETREATSANDVENUES © RETREATSANDVENUES **5** **VENUES & RETREATS VENUES & RETREATS**

Dharmagiri Sacred Mountain Retreat







Welcome to Dharmagiri, a Buddhist inspired hermitage nestled in the dramatic Southern Drakensberg (uKhahlamba in Zulu) on the border of South Africa and Lesotho. Dharmagiri's retreat schedule supports awakening, contemplative life and wellbeing of body, heart, and soul. It also provides support for self retreatants and meditation practitioners and serves wholesome vegan, indigenous food. Dharmagiri is simple but comfortable, offering a rare opportunity to touch into deep silence, peace, and sense of coming home within the ancient, timeless presence of its mountain landscape.



UNDERBERG , SOUTH AFRICA

O dharmagiri_sacred_mtn_retreat

www.dharmagiri.org/

Satori Farm Lodge







Satori is in Dargle in the KZN Midlands at the very tip of the Southern Drakensberg. The lodge looks over stunning uninterrupted views of Inhlasane Mountain, has a beautiful indigenous forest and the walks and hikes to the mountain and river are unsurpassed. Small wildlife and an abundance of birdlife can be seen. Comfortable accommodation is selfcatering for up to 8 guests sharing. The lodge is pet-friendly. Braai facilities are available.





Pachamama Forest Retreat







PLETTENBERG BAY

 $(^{\circ})$ KNYSNA, SOUTH AFRICA

Nestled on the edge of the Knysna indigenous forest, Pachamama is a space for conscious spiritual, mental and physical self-exploration and self-healing. Our retreat provides a peaceful environment where you can reconnect with nature, and dive deep into yourself and your personal practices. We offer a range of self-healing modalities that support you during your time with us. These include Daily Yoga and Meditation, Dietary Healing, Visions Quests, Sweat lodges, and Sound Journeys.





www.pachamama.co.za/

Porcupine Hills Guest Farm

36 PEOPLE





CAPE TOWN





Porcupine Hills Guest and Olive Farm, just 1,5 hours outside of Cape Town, is located in the Overberg along the beautiful Van der Stel Pass. The farm stands out from its agricultural neighbors, and guests have the opportunity to explore diverse flora and fauna during their stay. Whether you're looking for an exciting weekend in the country for the whole family, or a quiet retreat for two, Porcupine Hills can cater to that getaway you've been searching for.

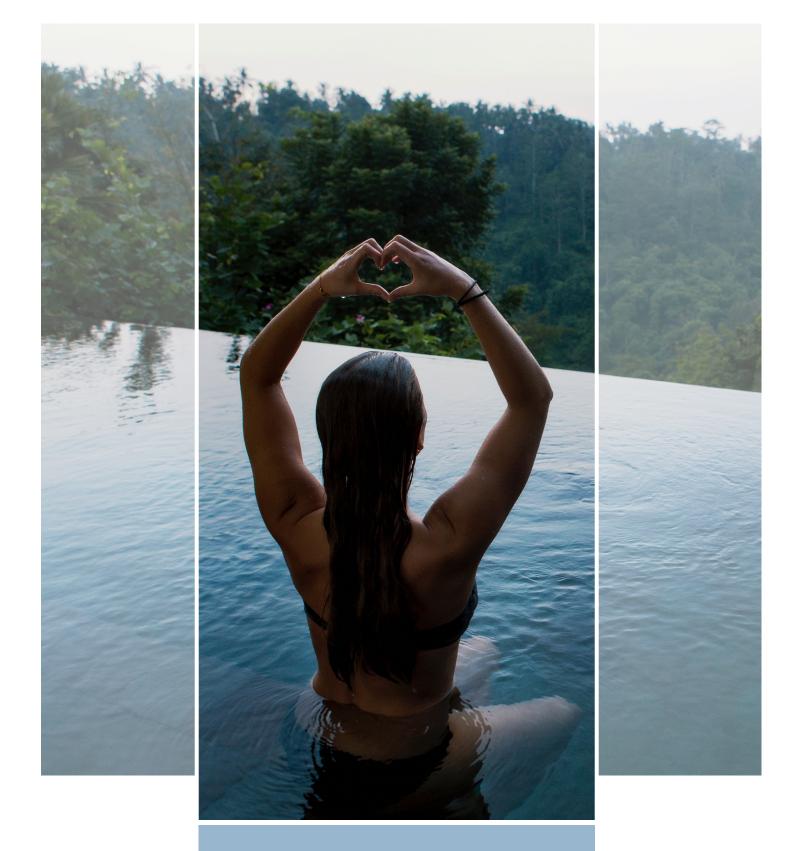


O instagram.com/porcupinehills



www.porcupinehills.co.za

6 © RETREATSANDVENUES © RETREATSANDVENUES 7



RETREAT AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L Email: matt@retreatsandvenues.com retreatandvenues.com