Discover the Perfect Venue

2019 GUIDE TO SPANISH RETREAT VENUES

For Your Next Retreat





INDEX

Contents

02 - 03	Contents
04	Spain
05	Venues & Resorts
06-07	Mas Torroella
08-09	Casa Kiva
10 - 23	Venues & Resorts
24	Contact Us





Discover leading retreats, stunning venues and welcoming hosts AROUND THE WORLD



510 W Hastings St, Vancouver, BC V6B 1L Email: matt@retreatsandvenues.com www.retreatsandvenues.com

INDEX









SPAIN



Discover Your Next Retreat

SPAIN

Discover leading retreats,

stunning venues and welcoming hosts around the world











Casa Vida



With 10 years of experience Viv and Dan, your hosts at the intimate and beautiful venue, Tara Casa, offer you a unique experience and personalised well-being holiday. Our guests continually tell us it's the best experience they have had of this type of holiday. A stay at the retreat will suit a solo traveller or small groups in a safe and nurturing environment. Tara casa is the home of Dan Rust, Mosaic artist.

https://www.taracasa.com/



VENUES & RETREATS





VENUES











Mas Torroella

COSTA BRAVA, SPAIN





Mas Torroella is an impressive property that exudes comfort and quality, great for large groups, with amazing spacious areas both in and outdoors. It has a unique, elegant and classy interior that makes the most of its romantic vintage décor. Each well proportioned bedroom enjoys en suite facilities, air





- Swimming Pool
- Gardens
- Tennis Courts
- Ping Pong Table & Billiard • Game's Room

conditioning and central heating, whilst a selection of stylish sitting rooms, a pool room, TV room and library afford a level of intimacy for all, making this an ideal venue for large groups of family and friends.



VENUES

Table

- SPA with Sauna
- Industrial Kitchen & BBQ

instagram.com/mastorroella

VENUES











Casa Kiva







IBIZA Contemporary 6 bedroom child friendly luxury villa with infinity pool in Es Cubells, Ibiza Overlooking stunning pine forests and only 5 minutes drive from the beach, Casa Kiva is a west-facing luxury 6 bedroom villa sleeping 12 in Ibiza,

in the perfect position for both the most beautiful beaches on the island and also some of the best restaurants. The style is contemporary and minimalist, with plenty of terraces and living areas to settle into with sundowners. The villa is on a 20,000 sqm (5 acre) plot which affords total privacy whilst



FEATURES

- Large infinity Swimming Pool
- Full Sky Satellite TV Package

being only a few minutes drive from the nearest restaurant. The villa is located in the most exclusive area of the island, in the protected region of Es Cubells. This 6 bedroom, 5 bathroom villa offers first class living facilities with views over rural Ibiza and the Mediterranean in the distance. The spacious sunbathing terrace and outdoor dining area have countryside views across the infinity edged swimming pool (11 x 4).





- Ping Pong Table
- Large gas BBQ
- Outdoor Dining Area

Wave Rider Villa

 \int 17 people



LAS PALMAS



(°) FUERTEVENTURA, SPAIN

Our luxury beachfront Villa is located in Corralejo, in the north of Fuerteventura, We are perfectly placed for all the best surf spots on the Island. We offer surf lessons for all levels of surfer from beginner through to advanced. Our aim is simple...we want to improve your surfing! Whether it is helping you to catch your first wave or honing skills you already have, we make sure that by the end of your course your surfing has seriously improved!



O instagram.com/waveridersurf/ www.waveridersurfschool.com

Alaya Retreat Centre at Cal Pau Cruset



BARCELONA REUS & GIRONA

(°) BARCELONA, SPAIN

The Alaya Retreat Centre is located in a 150-year-old, recently renovated wine farm ("Cal Pau Cruset") at 45 minutes from Barcelona. We are surrounded by vineyards and a large garden with fruits, olive and almond trees. Our beautiful 'Masia' (winefarm) consists of 3 private villas, 1 large villa, and the 120 m² yoga shala. The beautiful 4×12 meter swimming pool is located at the far end of the garden between the fruit and palm trees.



[O] instagram.com/alayaretreatcentre/ www.alayaretreatcentre.com

Cugó Gran Menorca

S 24 PEOPLE

MENORCA

MENORCA, BALEARICS ISLANDS

Welcome to Cugó Gran Menorca, a select villa situated near the pretty village of Sant Climent in Menorca, the smallest island of the Balearics and the Biosphere Reserve. Our 12 dream rooms can accommodate up to 24 adults and are available for exclusive rental with butler service, a gym, and treatments, unique events, or to be enjoyed as a boutique hotel. It is the only 5-star luxury agrotourism in the Balearic Islands where you can enjoy 100-hectare exclusive property.

O instagram.com/cugo_gran_menorca/

Akinon Resort



(\circ) LA NUCIA, SPAIN

Akinon Resort is a beautiful oasis in tranquil and peaceful surroundings in La Nucia. We offer beautiful apartments of different sizes ideal for groups, families and couples. Explore our spa for a relaxing and pampering experience. Visit our restaurant, Fusion 8, for a culinary adventure and the ultimate dining experience as you are served exciting and modern dishes in stylish décor. Our spacious and colourful natural park is ideal whether you want to exercise, collect your thoughts or meditate.

VENUES & RETREATS





www.cugogranmenorca.com





O instagram.com/akinonresort

www.akinonresort.com

Mas Rosset

 \int 20 PEOPLE

GIRONA BARCELONA



O GIRONA/COSTA BRAVA, SPAIN

Mas Rosset is an 18th-century farmhouse located in a unique and privileged in Pla de l'Estany surrounded by a quiet natural environment. Mas Rosset is ideal for hosting groups of up to 20 people in complete comfort within 8 double rooms each with a private bathroom. in addition to comfortable common spaces and a large outdoor garden area equipped with everything necessary to enjoy a unique and pleasant stay.

O instagram.com/masrosset/

Cuatre Finques



(O) XALÓ, SPAIN

Situated on a beautiful 10,500 sqm plot, Cuatre Fingues is a unique, family-owned Spanish-style Finca that opened in May 2014. Cuatre Fingues has 7 ensuite bedrooms, each uniquely designed with style and comfort in mind. There are 3 double/twin/ triple rooms on the ground floor and 3 double/twin bedrooms & 1 family suite on the first floor, sleeping 14-17 adults in total.





www.masrosset.com



www.cuatrefingues.com



MAS DE LAS MATAS, SPAIN

We have a beautiful and peaceful venue site for you to host your own retreat. We offer accommodation for groups of up to 10 people to come and share our centre's facilities. Our surrounding area is ideal for long-distance walking, with hundreds of miles of quiet footpaths through our raw, mountainous countryside. Our nearby area also has three large reservoir lakes and two rivers with natural pools, the perfect location for swimming under the brightness of the Spanish sun.

Silverfield Villa



O GRANADA, SPAIN

Silverfield Villa is an ultra-modern contemporary property located near Granada, Spain. Our stunning luxury villa occupies an enviable position close to the historic city of Granada at the foot of the Sierra Nevada mountain range, with the local town of La Zubia only a five-minute drive away. Our Spanish villa covers 6 floors and over 14,000 sq. ft. of floor area, all accessed by an internal glass elevator.

VENUES & RETREATS

Physionatural Wellness Centre









O instagram.com/silverfieldvilla/

www.silverfieldvilla.com

© RETREATSANDVENUES 13

Casa la Concha





MALAGA



The peaceful and luxury charming boutique hotel Casa la Concha is surrounded by many golf courses and has a view of both the sea and the mountain. The house was decorated in a boho-chic style by the owner Marie Helene Burot; the garden is a mixture of Tropical and Mediterranean plants, refitted by one of the best landscape garden professionals of Marbella. This beautiful "Finca" has a huge main house with 4 Suites plus 6 luxury Cottages around.



O instagram.com/casalaconcha/

https://www.casalaconcha.com/en-us

EcoTara Canary Islands





O CANARY ISLANDS, SPAIN

Specialized in hosting retreats in the Canary Islands, Ecotara offers a large country house, 2 bungalows and a studio, all nestled in an enchanting eco-village, surrounded by nature. Our retreat centre has a maximum capacity of 18 (including facilitators) and a minimum of 6 to run a retreat. We usually run from 2-day retreats mainly for locals and up to 10 days and more for teacher training. EcoTara is dedicated to promoting health and wellbeing for mind, body, and spirit.



O ecotaracanaryislands

https://ecotararetreat.com/

Monkeys Bootcamp







O PYRENEES, SPAIN

Monkey's Bootcamp is a sports and yoga focused summer camp based in Europe. Our 1-week, all-inclusive Wellness Program allows you to reset your mind while being surrounded by nature. Beginning your day with a boost, we conduct morning yoga classes whilst also focusing on improving your posture and core with pilates, firming and fat burning with our specially designed work-outs, as well as giving you the opportunity to discover the stunning scenery of the local area during our outdoor activities.

Lanzasurf Surf School & Yoga Camp



O LANZAROTE, SPAIN

We offer group and private surf classes and surf camps for all levels. Yoga Classes, Massage, Meditation, Skate Lessons. We bring all our experience and our passion for teaching into our surf lessons, and we pride ourselves on doing things differently: tailored lessons, small groups, high-quality material, and experienced instructors are a guarantee that all our students make the most of the class and improve their surfing while having a great time in a stunning natural environment.

VENUES & RETREATS







O instagram.com/monkeys_bootcamp





instagram.com/lanzasurf

www.lanzasurf.com

Pura Natura



Pura Natura, situated between the sea and mountain range of Malaga's province, exclusive oasis, is highly vibrant in energy, due to its lands, its inhabitants and the work done. In 5 hectares of nature, we built and created different areas : 8 bell tents on raised noble wooden terraces, our Swiss chalet. origin requires, as the bathrooms, a splendid wooden platform of 70sqm (shaded) with an amazing view into the countryside.

Amoraleza





O) GRANADA. SPAIN

Situated at the west entrance to the Sierra Nevada National Park. Amoraleza offers stunning views of the surrounding mountains and the Mediterranean Sea. Our alberca (natural swimming pool) will cool you down on hot summer days and the nights will provide a magical setting to reconnect with the elements and contemplate the stars. Expect basic comfort, not luxury. There are outdoor compost toilets and hot showers. Internet access is available. but there is no Wi-Fi on the grounds.



O instagram.com/puranaturacenter/ www.puranatura.center



O instagram.com/amoralezaloveandjoy/

www.amoraleza.net

Far Out Collective









O DONOSTIA-SAN SEBASTIAN, SPAIN

Located in a historic villa in the city centre overlooking the ocean. Perfect space for intimate groups looking for expansive experiences. Corporate, weddings or yoga. Set in a peaceful neighbourhood, join the Camino de Santiago right from the doorstep. SUP, and kayak in La concha bay 100mts away. Featuring large cosy salon/ brunch cafe and beautiful studio space with epic views. Balconies on 2 floors, glass elevator, garage parking. Experienced retreat hosts, we make sure you have as good a time as your clients.

SANILLES





O LA CERDANYA, SPAIN

We are just 2 hours from Barcelona and on the doorstep of Andorra and the South of France. Sanilles is an Eco-Living project in an idyllic setting nested the Spanish Pyrenees. Boasting a Mediterranean climate averaging 300 days of sunshine per year at an altitude of 3500 feet. Summer is never too hot up here and during Winter it is the dream for every snow sports enthusiast.



VENUES & RETREATS









La Huerta El Noque



(°) RONDA, SPAIN www.elnoque.com

Villa Casa Romero



FEATURES

GIBRALATA, SEVILLE, MALAGA, JEREZ

Welcome to La Huerta El Nogue. Lying in the privacy of fourteen acres of attractive gardens, with an abundance of fruit trees, and horse paddock, this is a lovely, spacious and fully staffed Cortijo, beautifully restored while maintaining all of its original characters. The house faces west in a rural Andalucian valley, enjoying wonderful views of the Grazalema National Park. with a shady colonnade on one side and a very private courtyard, with trees and fountains, on the other.



FEATURES

(°) OLIVA, SPAIN

Villa Casa Romero is a ten minute drive to the historic town of Oliva which boasts 17 kilometers of blue flag beaches. Ten minutes to the village of La Font D'En Carros with its friendly bars and many fiestas and 20 minutes to the vibrant town of Gandia, also with award winning Blue Flag beaches. It is ideal for those wanting a very relaxing and chilled out break, as well as those wanting to http://www.villacasaromero.co.uk/ explore this fascinating area of Spain.

Balearic Retreats



(°) MALLORCA, SPAIN PALMA

Tagomago Private Island



VENUES & RETREATS

FEATURES

This is what we at Balearic Retreats aspire to do – offering the ultimate getaway experience where our guests can focus on nothing but themselves and their practice. You will take your Yoga practice to the next level, surrounded by the breathtaking, raw landscapes of Mallorca while staying in a beautiful Spanish villa and eating nothing but fresh, delicious and nutritious meals cooked by our talented chef.



O instagram.com/yogabalearicretreats/

www.balearicretreats.com

FEATURES

With its private jetty and mooring, Tagomago is a 600,000 sqm (148-acre) private island - the ideal destination for guests seeking absolute privacy with state-of-the-art luxury alongside all the glamorous buzz of Ibiza. Tagomago is just five minutes away from neighboring Ibiza by speedboat, and about 30 minutes drive from Ibiza Town and its international airport and easily accessible by boat or helicopter. It can be leased on a weekly basis or for business events.



O instagram.com/tagomagoisland/

Casa Santosha



MALAGA, SPAIN

Villa Andalucía



Casa Santosha is a small retreat venue for yoga and meditation nestled in the beautiful Andalucian hills of southern Spain. Only I hour from Malaga, deep in the olive groves of the Andalucian hills, the retreat will provide you with a perfect sanctuary where you can stay and practice yoga and meditation, overlooking the stunning views and close to the Mediterranean. Anyone looking for a peaceful time away will enjoy the relaxed surroundings and warm hospitality.

O instagram.com/casa_santosha_



BED AND BREAKFAST



instagram.com/villa_andalucia/

FEATURES

Welcome to Villa Andalucia, a unique bed and breakfast. A little gem hidden away in the stunning, white-washed, vibrant village of Cómpeta, Malaga Spain. Villa Andalucia is just a ten-minute walk from the centre of Cómpeta. We have amazing breathtaking views of the mountains, the coast, and spectacular sunsets. Enjoy the peace and tranquility of our beautiful gardens and our crystal blue swimming pool. All our rooms have been individually designed and have their own character and named after fruits.

www.villaandalucia.org

Oodles Retreat





Molino del Rey







O instagram.com/molinodelrey2018

VENUES & RETREATS

FEATURES

Situated on over 13,000 sq meters of lush Mediterranean gardens, the property accommodates 26 people. Electric gates and a sweeping driveway welcome you to this private haven, though it's tucked away, you're only a few minutes from the nearest town and conveniently close to the main access routes. Savor the breathtaking views or watch the stars come out from the villa's terraces. This incredibly spacious facility is the perfect bolthole to share with family, friends, and colleagues.

https://www.oodlesretreat.com

FEATURES

(°) MALAGA, SPAIN

Set in the beautiful nature reserve of Andalucía "Sierra de las Nieves" in Southern Spain. We are much more than just a yoga retreat though. In addition to hosting a wide range of yoga, detox, meditation, mindfulness, weight loss and other holistic wellbeing courses, our retreat is very well known for its spa and massage treatments, popular for hiking and hill walking in the nearby mountains. It is an idyllic setting for inspirational painting holidays, photography, etc...



Ibiza Journey



FEATURES

Join Wellness Retreat in Ibiza for regeneration rejuvenation and vitality. In the private, luxurious Villa located by the seaside and surrounded by marvelous hills, you will experience total freedom from everyday duties under the blue sky of sunny Ibiza. This retreat is for you, a healthy lifestyle lover, who loves adventure, incredibly delicious raw and vegan food, nature, yoga. This will become a memorable lifetime experience that will leave you feeling motivated, inspired, and excited for the future.

- \mathbf{O}
 - instagram.com/ibizajourney/

Valle de Vida

www.ibizajourney.com



FEATURES

🔿 ANDALUSIA, SPAIN 🛛 🗙 MALAGA



A retreat center nestled in the hills of Andalucia- 45mins from Malaga/airport and the stunning El chorro Gorge, running for 16 yrs on a 18 Acre peaceful site.Providing top class therapies and massage,outdoor cinema, Haman and Sauna and a salt water pool. Perfect for yoga, Pilates, tai chi, nature/ hikes, art as well as private Taylor made retreats with an indoor "HOT" studio and a hillside shaded yoga shala.Sleeps 20 in Finca, Pods, Geodomes & teepees.

https://www.valledevida.com/

House of Light



Casa del Capitan



BARCELONA O CADAQUÈS, SPAIN

VENUES & RETREATS

FEATURES

(°) ORGIVA, SPAIN

House of Light is a beautiful centre nestled among the Alpujarra mountains, near Granada. Designed to host intimate, transformational retreats, its large Mongolian yurt offers a perfect space for bodywork, ceremonies and workshops. The indoor yoga studio is cool in the summer and warm in the winter, with oak underfloor heating. The stunning Moorish style ensures the double/twin accommodation has individual charm, colour, and feel. A (O) instagram.com/houseoflightorgiva/ saltwater pool and gardens complete the retreat experience offering relaxing spaces for contemplation.

FEATURES

Located in Port Lligat, at the edge of the charming village of Cadaques on the Costa Brava, CASA DEL CAPITAN is an exceptional 9-bedroom luxury villa with a spectacular infinity pool. Built in a 5-acre private parkland facing the stunning natural park of Cap de Creus, the villa offers breathtaking views in a guiet and preserved environment. It benefits from direct access to the sea while offering extreme privacy.

www.casadelcapitan.es

O instagram.com/casadelcapitancadaques/

© RETREATSANDVENUES **23**



RETREATS AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L Email: matt@retreatsandvenues.com retreatsandvenues.com

© RETREATSANDVENUES A ThriveNetwork Company