

Discover the Perfect Venue

2019 GUIDE TO PORTUGUESE RETREAT VENUES

For Your Next Retreat



RETREATS AND VENUES



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Discover leading retreats,
stunning venues
and welcoming hosts
AROUND THE WORLD



RETREATS AND VENUES

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www.retreatsandvenues.com



Discover Your Next Retreat

PORTUGAL

Discover leading retreats,
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Monchique Resort and SPA

 175 PEOPLE

 RESORT

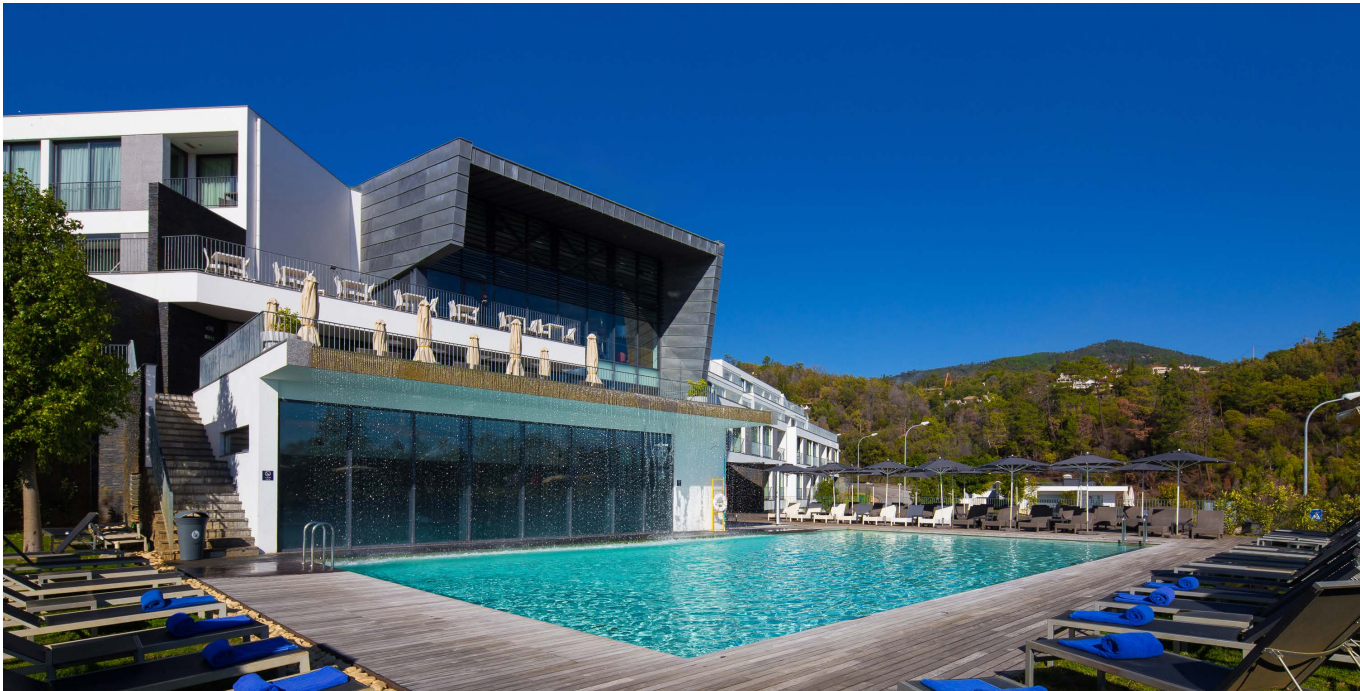
 ALGARVE, PORTUGAL

 FARO

Featuring an indulgent spa, high-end dining options and a wealth of activities available both in the resort and nearby, this idyllic retreat enjoys an enviable location in the ever sunny woodlands in the western Algarve The Monchique Resort & Spa is an elegant hotel, built to minimize the environmental impact – is a true haven in the middle of the mountains.

 [monchiqueressortspa](#)

 [www.monchiqueressort.com](#)





Vila Vale Mouro



VILLA



14 PEOPLE



6 ROOMS



ALGARVE,PORTUGAL



FARO

Vila Vale Mouro is a luxury villa where your can enjoy beautiful 180° views of the countryside and ocean. Only a 2 minute drive from the historic village of Estoi. Experience an extraordinary sunset with panoramic views while dining alfresco on the expansive terrace. Whether you are a large family, group of friends, or destination wedding, Vila Vale Mouro is the perfect setting.



www.vilavalemouro.com/

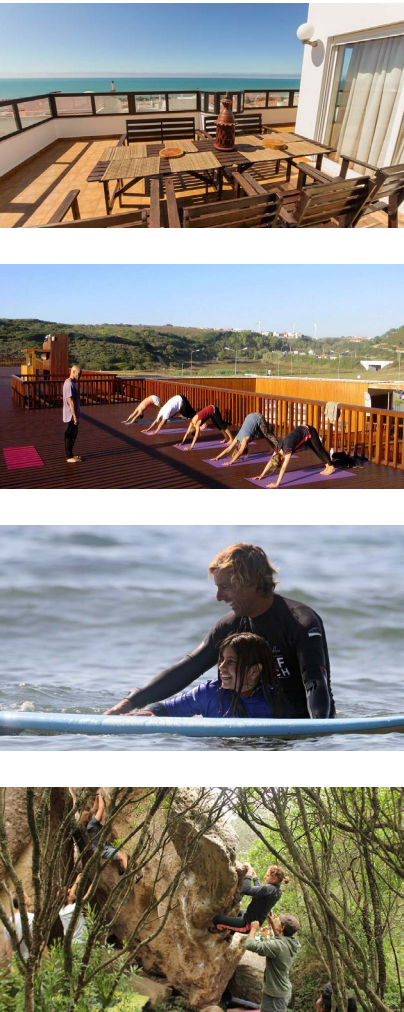
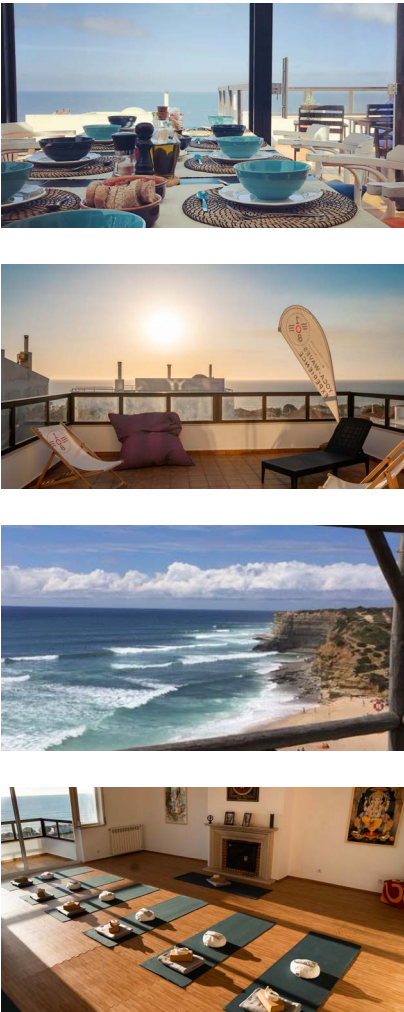
FEATURES

- Swimming Pool
- Game Room with Smart TV & PS4
- Large Outdoor Terrace
- Charcoal Grill BBQ
- Private Garden
- Private Chef Experience
- Private Massage By The Pool Available (extra cost)
- Private Chef Experience(Extra Cost)

Relax and unwind by the pool, on the terrace or under the pergola while enjoying the fountain, there is something for everyone.



www.vilavalemouro.com/



108 House

 VILLA

 PORTUGAL

 15 PEOPLE

 LIBON

 4 ROOMS

The 108 project was born from the intention to provide the teachings of traditional Yoga disciplines in a beautiful environment conducive to satisfying our passions. We are happy to offer you the opportunity to experience Yoga in its most authentic form, perhaps a form that has even become a little forgotten today. When you stay with us, you will benefit from the tranquillity

FEATURES

- By the Ocean
- Walking distance from town, ocean, surf spot
- A quiet and regenerating environment
- Shala with ocean view
- Family Feeling
- Freshly baked Bread
- Home Made Jam

and harmony of 108 house itself, enjoy our lovingly prepared delicious and healthy breakfasts and have the chance to explore the fascinating surroundings, from the infinity of the ocean to the wilderness of nature, not forgetting the wonderful historical centre of Ericeira.



Ondina Guesthouse

 ERICEIRA, PORTUGAL

 14 ROOMS

 37 PEOPLE

 LISBON

 RETREAT CENTER

Ondina Guesthouse is located in Casais de S. Lourenço, a small village close to Ericeira, Portugal. It rests 5 minutes walking from the São Lourenço Beach, one of the World Surfing Reserve paradises. The relaxing and charming atmosphere of the house makes it the perfect place for teacher training courses, Yoga retreats and co-

 www.ondinaguesthouse.com

FEATURES

- Yoga Studio
- Terrace
- Sea View
- Vegan and Vegetarian Meals

working events. There is a Bar and Restaurant/Dining place where we serve delicious vegan and vegetarian meals with Portuguese inspiration, a roof top terrace with ocean view, a relaxing garden and a private parking space. We organize activities like walking and biking tours in the nature, surf classes and massages.

 www.instagram.com/ondina_ericeira

Vale de Moses Yoga Retreat

 20 PEOPLE

 18 ROOMS

 LISBON

 RETREAT CENTER

 OLEIROS, PORTUGAL

It is a beautiful yoga retreat on an old terraced valley farm in the mountains and forests of central Portugal. Come to practice yoga daily in a wooden and glass shala floating above herb gardens, walk miles of endless paths in the surrounding pine forests, swim and mud bathe in rivers, breathe pure mountain air, eat deliciously fresh veggie meals, have a healing treatment, stargaze and then sleep deeply each night in comfy rustic stone cottages or Soulpad belle tents.



 [instagram.com/valedemoses](https://www.instagram.com/valedemoses)

 www.valedemoses.com

The Lodge Portugal

 25 PEOPLE

 14 ROOMS

 LISBON

 RESORT

 COLARES, PORTUGAL

The idea of "The Lodge" has grown over many years in the minds of a group of people whose centerpiece of life was traveling the world. All the things we have learned and loved by traveling we try to combine in "The Lodge". Holiday means to us a combination of action and relaxing, wellness and adrenaline, new cultures and still feeling at home. Only a happy mind can spread happiness. Join your sports with our Elements.



 www.thelodgeportugal.com

Star Pine Lodge

 18 PEOPLE

 9 ROOMS

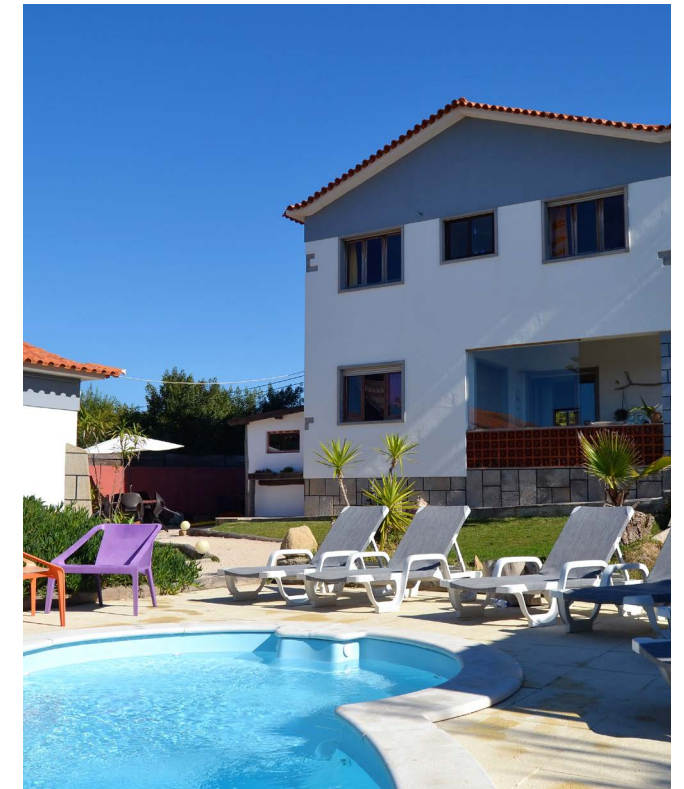
 BED AND BREAKFAST OF A DIFFERENT KIND

 COLARES, PORTUGAL

 LISBON

Our main idea was to create a happy place where everyone can feel home. We think that an inspiring surrounding helps you to just be yourself and that is what the Star Pine Lodge is. Built by a team of travelers from all over the globe we managed to create a great mix of art and nature, color and forms, materials and styles which go side by side in harmony and make you feel welcome.

 www.starpinelodge.com



Sandhi House

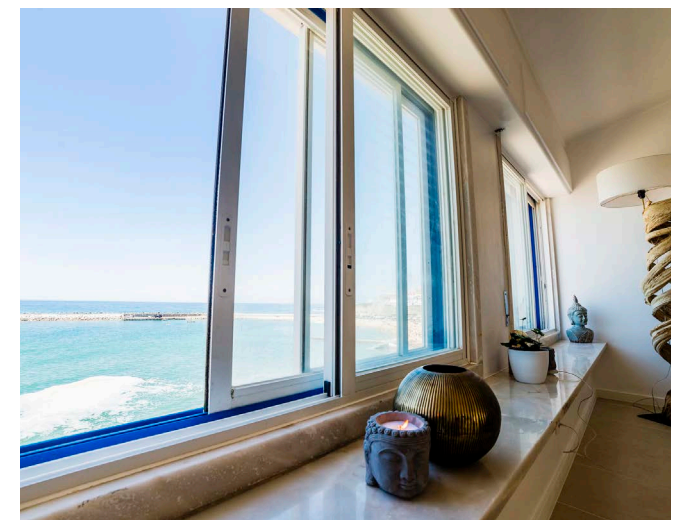
 10 PEOPLE

 5 ROOMS

 LISBON

 RETREAT CENTER

Sandhi House is situated in the heart of beautiful Ericeira, a charming fishing village with its tradition linked to the sea, now recognised as one of the World's Surfing Reserves and popular Yoga retreat location. The house is newly renovated, and has a stunning view over the Atlantic ocean. We believe the magic lies in details. All our furniture is made by local artisans. We also added heated floors for your year round comfort. Sandhi house has 5 guestrooms.



 ERICEIRA, PORTUGAL

 [instagram.com/sandhiyogawellness/](https://www.instagram.com/sandhiyogawellness/)

 www.sandhihouse.com

Molinum, a Soulful Country House

10 PEOPLE

5 ROOMS

FARO

VILLA

BOLIQUEIME, PORTUGAL

A unique stay at Molinum will leave you with more than memorable experience. The windmill, or the 'Molinum', is an historical symbol, a place worthy of time. Above all Molinum is a place to be yourself, to experience what surrounds us and Algarve: nature, culture and calmness. Our personal care in combination with the rooms, swimming pools, tennis court and gardens are the key ingredients that will provide a delightful stay.



[instagram.com/molinumwithsoul/](https://www.instagram.com/molinumwithsoul/)

www.molinum.pt

D'Alijo Retreat Center

40 PEOPLE

22 ROOMS

PORTO

RETREAT CENTER

CABECEIRAS DE BASTO, PORTUGAL

D'Alijo Retreat Center in North Portugal, is an exclusive retreat center located in the village of Cabeceiras de Basto in the province of Minho, with its beautiful city Porto. Porto offers an international airport just one hour away from our retreat centre. The area is well known for its Vinho Verde vineyards, olive fields and beautiful national parks. Our studio and accommodations are cohesively blended with nature, and is sure to awaken the mind, body and spirit.



www.dalijoyogaretreats.com

Olive3 Yoga Retreat

34 PEOPLE

11 ROOMS

LISBON

RETREAT CENTER

ERICEIRA, PORTUGAL

Olive3 yoga retreat centre is a perfect venue for yoga retreats, workshops and teacher training courses, other wellness and health related workshops and events, team buildings as well as co-working space for special projects, but when we don't host yoga retreats, workshops and teacher training courses exclusive to the group, we offer yoga classes, workshops and events open to public.

olive3yogaretreat.com



Iboga Tree - Healing House

5 PEOPLE

LISBON

RETREAT CENTER

ALENTEJO, PORTUGAL

At Iboga Tree Healing House, we provide safe and effective ibogaine treatment for people from around the world. We want you to become healthier, happier and enjoy the rest of your life free from addiction. Our goal is to help as many people as possible to transform their lives. Therefore, while our prices are competitive, we never compromise on the quality of our service.

www.ibogainetreatment.eu



Conversas de Alpendre

24 PEOPLE 11 ROOMS



FEATURES

We welcome you to this hidden hideaway retreat in the Eastern Algarve, with a wide view of the sea and only 2km from the best beaches in the world. Our goal is to provide you unforgettable moments. The first of all is the breakfast, filled with organic products from our own farm and our neighbors': farm eggs, regional bread, homemade honey and jams, yogurt and fresh curd, fruits and natural juices, all the other flavours that every season suggests.



Minuvida Orchard Lodge + Retreat Center

14 PEOPLE 5 ROOMS



FEATURES

Set in an acre of traditional fruit orchards, Quinta Minuvida the perfect spot for your intimate, groups, offering ample space for meditation and seclusion. Five suites with private baths can accommodate 14 guests in private or shared accommodation. Its fully-equipped retreat center is ideal for smaller groups. The Azores is the perfect off-the-beaten-path destination, bursting with natural beauty and endless outdoor possibilities. Complement your group experience with soaks in natural springs, hikes in volcano rims and runs in deserted beaches.



Alquimia Healing Arts

6 PEOPLE 2 ROOMS



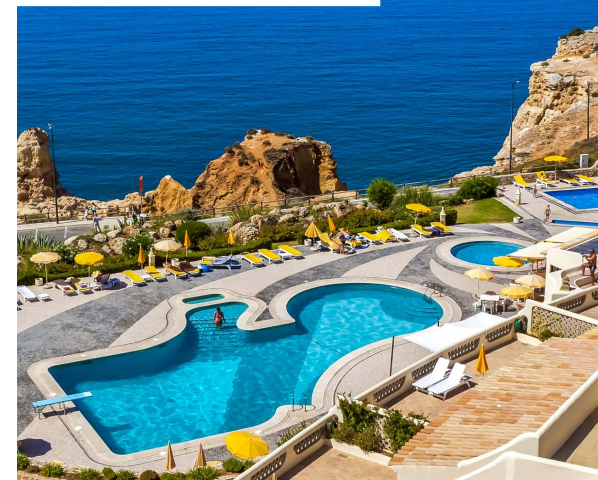
FEATURES

Alquimia is an intentional space and an educational centre nested in the heart of Portugal where creative arts and healing are combined for self-realization and metamorphosis to occur. After many years passed in the rainforests of Latin America, studying and experiencing shamanism and traditional medicine, we embraced this stream of knowledge and made it more accessible through unconventional teachings, intensive courses and isolation retreats in nature.



Algar Seco Parque

10 PEOPLE 5 ROOMS



FEATURES



High above the Atlantic Ocean and spectacular cliffs, our location is one of the best in the Algarve - perfect for an unforgettable vacation in Carvoeiro. Our attractive resort consists of studios, suites, bungalows, apartments, and villas overlooking the ocean. Spacious accommodations within gardens and surrounded by pine trees, pathways and rocky cliffs, enjoy a stay like none other at Algar Seco Parque.



Cachopas, Yoga Nature Lodge

8 PEOPLE



FEATURES

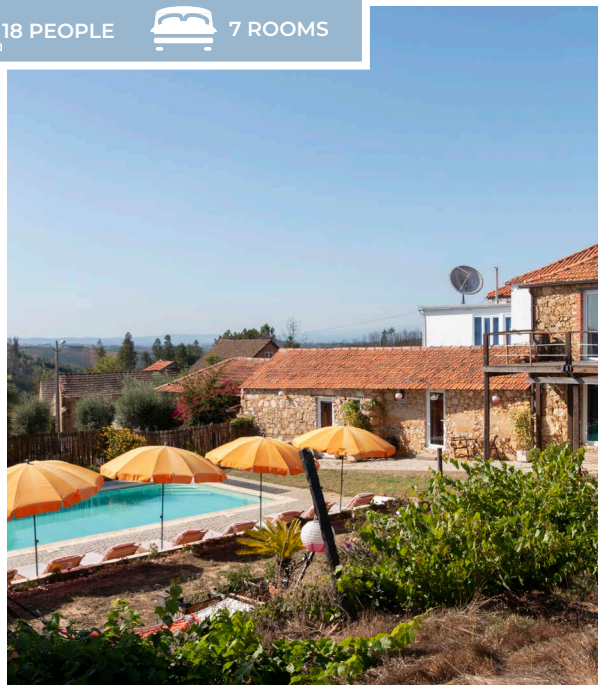


Cachopas is a small, family lead yoga centre, integrated on an eco-farm, offering yoga holidays, yoga retreats and related workshops and holiday accommodation to nature lovers, hikers, cyclists, campers, surfers, yogis, and families either self-catered or bed and breakfast. The lodge is located in its own silent valley, surrounded by nature, in the hinterland of Odeceixe. At the eco-farm, there live a handful of chicken, 2 cats, 2 dogs, a goat, and a horse.



Quinta d'Alegria

18 PEOPLE 7 ROOMS



FEATURES



Quinta d'Alegria is an old shale stone farmhouse complex that has been converted to a vacation villa with a large swimming pool within this very peaceful setting in Central Portugal. Ideal accommodation for 2 to 18 people, self-catering villa. Our Quinta is located in a beautiful part of central Portugal. Closer to the Quinta, you can kayak on the Rio do Mondego, bike at the ecopista do Dão or hike with a guide of a guide in the Serra da Caramulo.



Vila Foia

26 PEOPLE 11 ROOMS



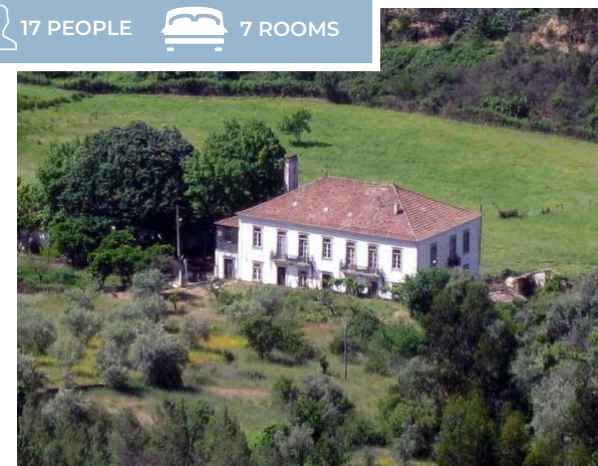
FEATURES

The ViLAFOÎA was built with mostly regionally-sourced and environmentally-friendly building materials, was finished in the summer of 2009, with a beautiful garden and a salt-treated pool. Each room has its own balcony with a breath-taking view towards the Atlantic, as well as a wireless internet connection. Ancient oak trees provide shade in the summer and a large, chlorine-free, slightly salty pool offers the opportunity to freshen up or exercise.



Brejo Fundeiro Retreat

17 PEOPLE 7 ROOMS




FEATURES


Set in a tranquil location in the forested hills of Central Portugal, far away from the crowds. The centre sits within a small valley surrounded by eucalyptus, pine and cork oak trees and consists of a three-story, one-hundred-year-old manor house, yoga studio, saltwater swimming pool, barbecue area, courtyard, small fruit orchard, herb and vegetable gardens. We provide homely boutique-style living accommodation in a Manor house and bedrooms with modern facilities in authentic surroundings





VENUES & RETREATS


Casa Fuzetta


 24 PEOPLE

 12 ROOMS



 FARO

 ALGARVE, PORTUGAL

 [instagram.com/casafuzetta](https://www.instagram.com/casafuzetta)


FEATURES


Casa Fuzetta is an exceptional private home available to rent on an exclusive basis throughout the year for retreats, events, holidays and photo shoots. It is ideal for large families, friends and groups seeking a high-end, yet relaxed, private and intimate location for time together, special occasions and/or retreats. The house sleeps up to 24 in style and comfort and is located within a fifteen-minute drive of Faro airport, which itself is less than 3 hours away from London.





www.casafuzetta.com


Quinta Ecosophia


 10 PEOPLE



 LISBON

 SINTRA, PORTUGAL

 [instagram.com/quintaecosophia](https://www.instagram.com/quintaecosophia)

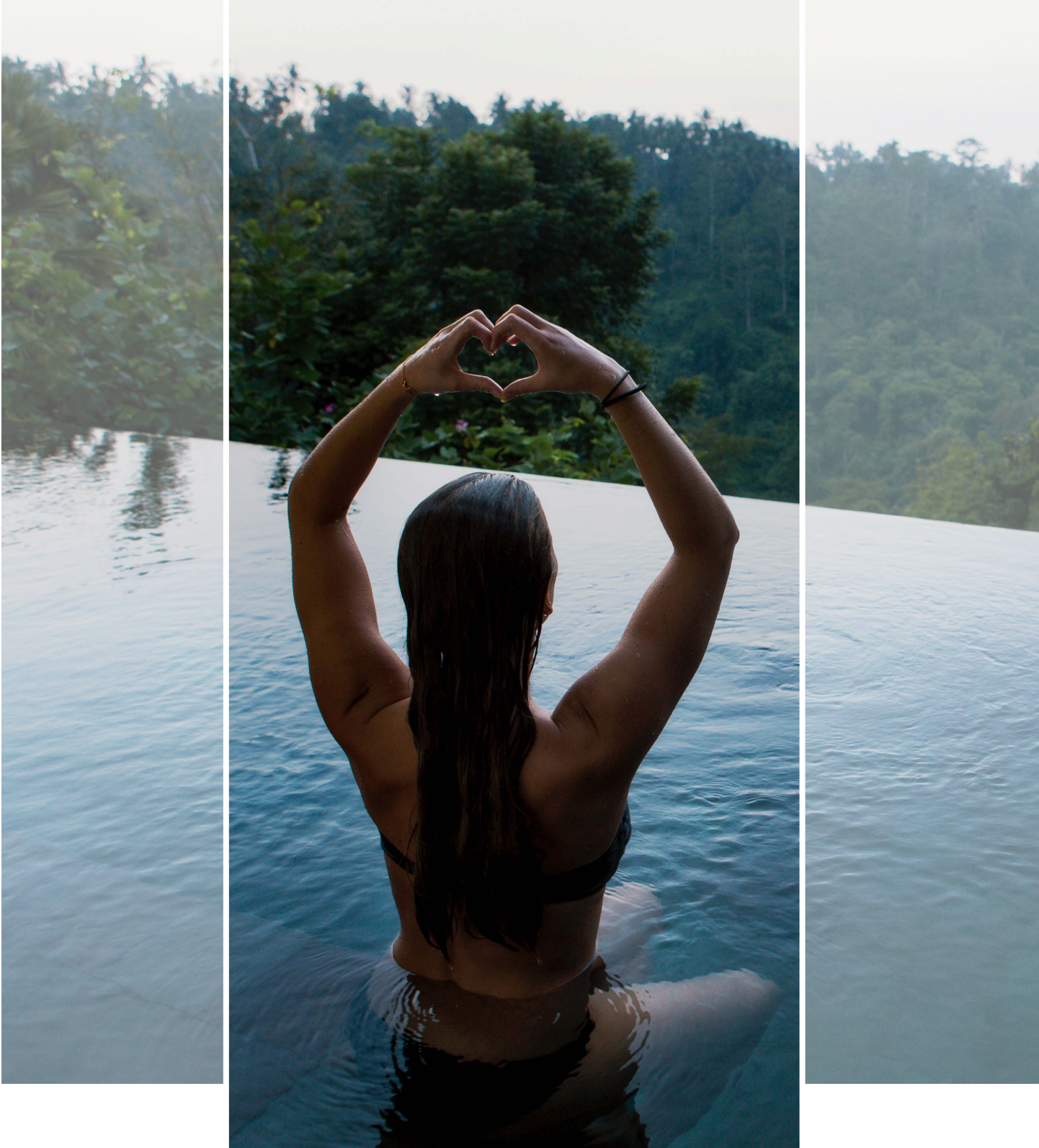
 RETREAT CENTER

FEATURES

Now offering the opportunity to experience ecological harmony firsthand with a stay in unique accommodations, as well as an exciting variety of activities, classes, and workshops. Quinta Ecosophia is an organic farm where we offer opportunities to learn about and share nature in an ecological and sustainable way. Experience ecological harmony in one of our unique eco-accommodations: the Strawbale Cabin, Earthship and Mongolian Yurt. Yoga classes and retreats, horseback riding, organic gardening, sustainable construction and vegetarian cooking workshops available.



www.quintaecosophia.com



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