

Discover the Perfect Venue

2019 GUIDE TO **INDIAN RETREAT VENUES**

For Your Next Retreat



RETREATS AND VENUES



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*Discover leading retreats,
stunning venues
and welcoming hosts
AROUND THE WORLD*



RETREATS AND VENUES

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 Phone: +1 604 779-1459 Email: matt@retreatsandvenues.com
www.retreatsandvenues.com



Discover Your Next Retreat

INDIA

Discover leading retreats, stunning venues and welcoming hosts around the world

Alakh Yog School

50 PEOPLE

40 ROOMS

DEHRADUN

RETREAT CENTER

RISHIKESH, INDIA

Alakh Yog School in India offers Yoga Alliance Certified Hatha Yoga Teacher training courses and emotional and body detox retreats in Rishikesh and Goa. We offer a unique signature approach to holistic well-being through Naturopathy treatments, Sufi meditation and emotional unblocking therapies. Our programs are a synergy of ancient healing therapies from India organized in a magnificent natural environment which is balanced by healthy sattvic cuisine and wellness programs



www.alakhyoga.com

The Beach House Goa

36 PEOPLE

15 ROOMS

GOA

RETREAT CENTER

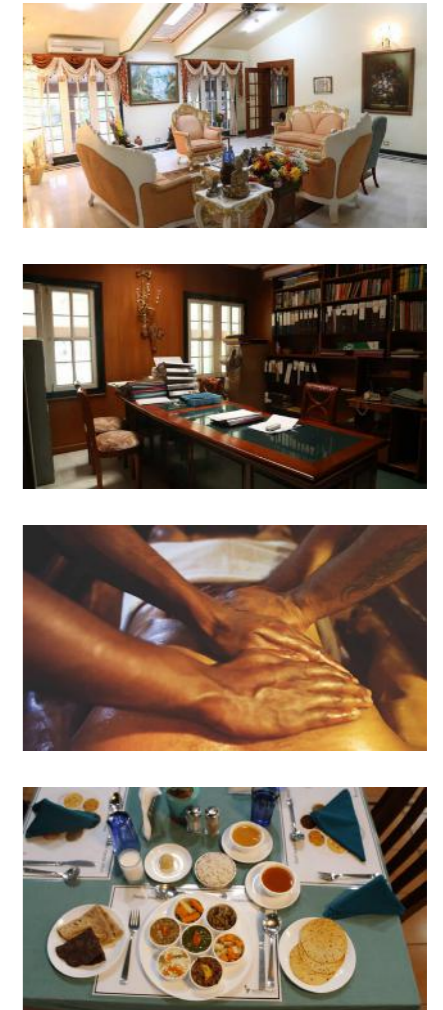
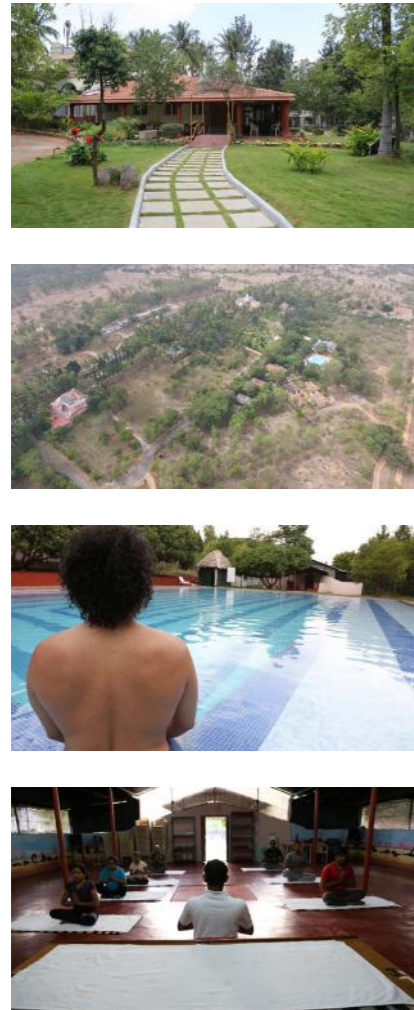
GOA, INDIA

Sanda Retreats is an international brand well known for its customized all-inclusive wellness programs. Sanda Retreat's signature wellness property – The Beach House Goa is situated on the secluded beautiful sands of Sernabatim Beach and offers a range of innovative and all-inclusive wellness programmes with a unique opportunity for total rejuvenation. The Beach House Goa is a holistic residential Health Services Centre comprising of a Ayurveda medical Clinic and resident recuperation facility along with an Ayurveda School and a Yoga Centre.



[instagram.com/thebeachhousegoa/](https://www.instagram.com/thebeachhousegoa/)

www.thebeachhousegoa.com



Indus Valley Ayurvedic Centre

MYSURU, INDIA

30 ROOMS

BANGALORE

RETREAT CENTER

Leading a lifestyle to keep body and mind in good health and balance, so that one could attain the goal of life- "Enlightenment" is the main philosophy of Ayurveda and Yoga. Ayurveda is one of the oldest surviving holistic medical systems in the world. It offers a rich, comprehensive outlook to a healthy life; its origin is in the Vedas, which is known to be more than 5000 years old.

www.ayurindus.com






FEATURES

- Swimming
- Yoga Hall
- Tennis Courts
- Library
- Gardens
- Cooking Classes

Ayurveda describes the Vedic wisdom of how to live a healthy and peaceful life. Together with Yoga, Ayurveda gives a detailed blue print for a fulfilled life with its goal as realization of truth while enjoying the life to its fullest extent. At Indus Valley Ayurvedic Center, you get the best Authentic Ayurveda. That's what our Guests from more than 60 Countries say.

www.instagram.com/indusvalleyayurvediccentre/

Ayurvedagram Heritage Wellness Centre

 56 PEOPLE
  30 ROOMS
 BENGALURU
  RETREAT CENTER
 BANGALORE, INDIA

Welcome to the old world charm of Ayurvedagram Ayurvedic Heritage Wellness Resort nestled as it is in verdant greenery. Here is one of India's premier Ayurveda and Yoga resorts which bring together healing with a soul, a place where authentic treatment combines with old world charm and luxury. Ayurvedagram which is one of the most awarded wellness retreats is a peaceful and deeply spiritual health resort which weaves its gentle magic through Ayurveda Remedies, Yoga, Meditation, and Pranayama.



 www.ayurvedagram.com

Atmantan Wellness Resort

 PUNE
  96 ROOMS
 PUNE, INDIA
  RESORT


Atmantan, an international, luxury wellness destination is nestled on a unique crystal hill (that lends the land healing frequencies) and overlooks the pristine Mulshi Lake. The resort spans 42 acres and is located in Mulshi, a hill station close to Pune & Mumbai. Atmantan offers the most transformative wellness experiences by incorporating a multi-dimensional approach. Our guests are offered tailor-made integrated wellness programs to suit their health profile and wellness objectives.



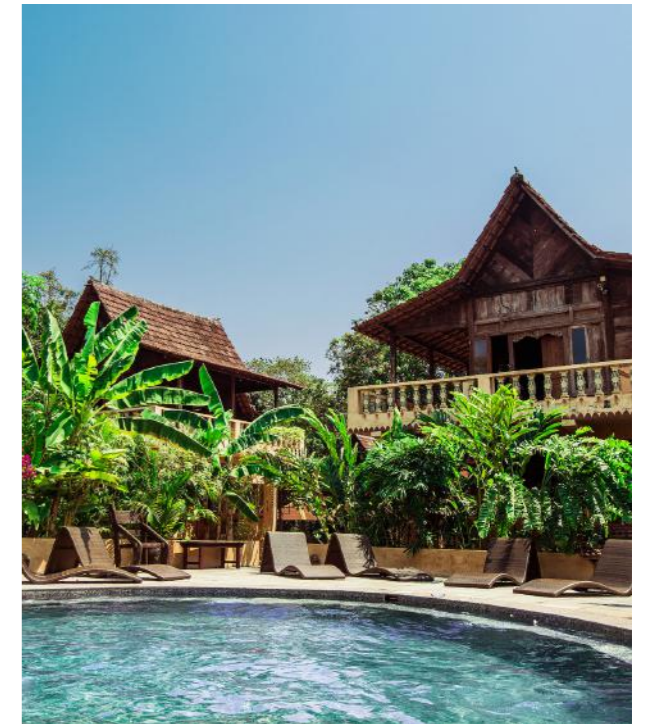
 www.instagram.com/atmantan/

 <https://www.atmantan.com/>

Samata Holistic Retreat Center






 35-40 PEOPLE
  20 ROOMS
 GOA
  RETREAT CENTER
 GOA, INDIA

We are a Holistic Yoga Retreat Center located in the peaceful village setting behind Arambol Beach, North Goa. Specializing in yoga retreats, yoga holidays, and teacher training. We offer Chinese doctors, acupuncture, Tibetan medicine, Ayurveda, Vedic astrology, and a range of body work and massage. Our organic garden grows all the food you will eat at Samata for your Yoga in Goa experience, and our chefs will keep your mouth watering.

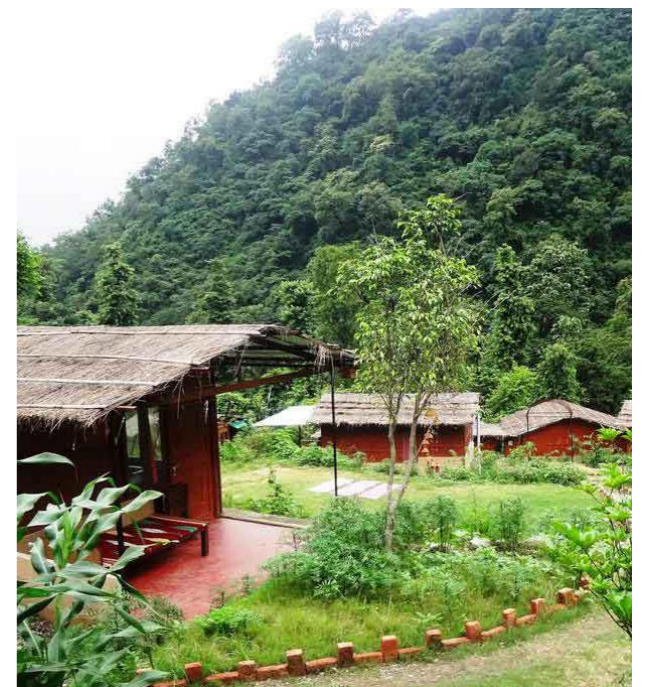


 <https://www.samatagoa.com/>

Rishikesh Valley

 24 PEOPLE
  12 ROOMS
 DEHERADUN (DED)
  RETREAT CENTER
 RISHIKESH, INDIA

The most charming thing about Rishikesh Valley™ is the freedom to pursue all sorts of activities. If you are opting for any one of our packages, you can chalk out your time accordingly. If you are simply in the mood for lazing around, enjoying a family get-together or indulging in romantic escapades you can pick any spot within the premises or outside - including lying around dreaming or reading by the side of natural stream and a pool.



 www.rishikeshvalley.com

Stone Water Eco Resort Goa

 120 PEOPLE
  40 ROOMS
 GOA
  RESORT
 GOA, INDIA

Welcome To Stone Water Eco Resort, Goa. Located on Santrem Beach, this beachfront property offers an outdoor swimming pool, spa and wellness centre and a massage parlour. Stonewater Eco Resort operates a 24-hour front desk to assist guests. Free Wi-Fi access is available in the public areas of this resort.



 www.stonewatercoresort.com

 [instagram.com/stonewatercoresort](https://www.instagram.com/stonewatercoresort)

RAAS Devigarh

 JAIPUR
  39 ROOMS
 UDAIPUR, INDIA
  RESORT






Nestled in the Aravalli Hills of the Udaipur area, RAAS Devigarh, an 18th century palace, holds a commanding position over one of the three main passes into its valley. Devigarh invites visitors to experience this outstanding heritage property which has been transformed into one of the premier five star hotels in Rajasthan. Much more than just a place to stay, Devigarh is a testament to the beauty and charm of old-world Rajputana, showcasing an array of decorative styles and landscaped gardens.



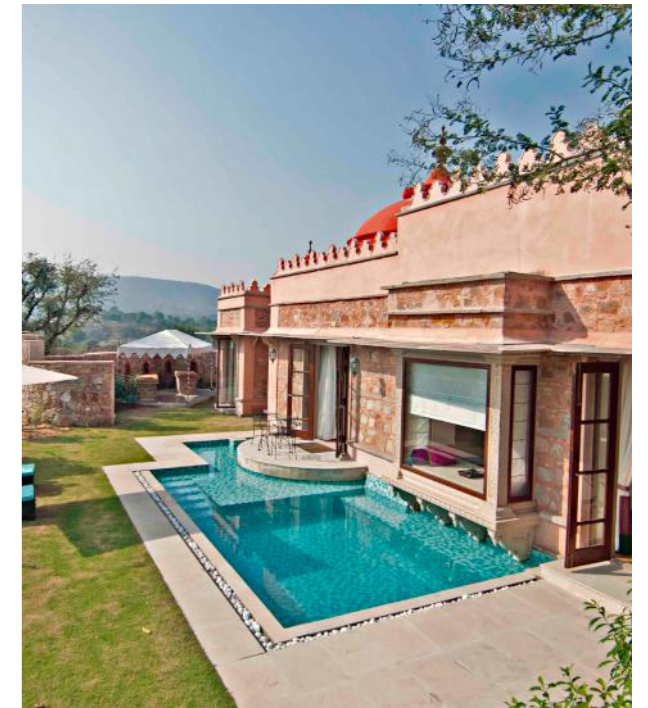
 [instagram.com/raashotels/](https://www.instagram.com/raashotels/)

 www.raasdevigarh.com

Tree of Life Resort & Hotels

 50 PEOPLE
  13 VILLAS
 JAIPUR
  RESORT
 JAIPUR, INDIA



Welcome to Tree of Life Resort & Hotels. A luxury chain of boutique resorts nestled in different parts of India, we believe in providing an experience that is serene, calm and away from the crowd. Providing discreet services with spacious accommodation and cuisines prepared fresh daily, we help you make memories.



 www.treeofliferesorts.com

 [instagram.com/treeofliferesortsandhotels](https://www.instagram.com/treeofliferesortsandhotels)

Kashish Yoga

 80 PEOPLE
  GOA, INDIA
 GOA
  ECO VILLAGE

We simply believe only in one word, that is, TRANSFORMATION. Whether you join to become a yoga teacher or to deepen your practice or you want to just experience yoga, we are committed to bring about a transformation within you. Each of our team members await to see the transformation in you from what you were at the time when you entered our gates till the time you depart from your second home in the world!



 www.kashishyoga.com

Greens Ayurveda

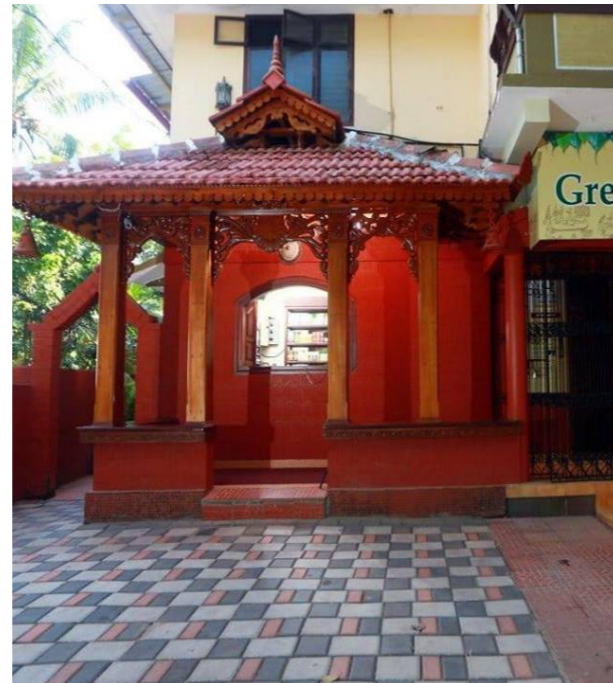
 45 PEOPLE

 RETREAT CENTER

 KOZHIKODE

 KOZHIKODE, INDIA

Welcome to a place where we strive towards the Ayurvedic Philosophy of achieving “perfect health”. Greens Ayurveda is situated in Azhiyur, a charming village where myth and history are interwoven in its culture and healing science, Ayurveda. This village is located in the regal state of Kerala- “God’s Own Country”. It contribute to an unforgettable experience in authentic, attentive, and professional care- well-trained doctors and staff who abide by the words, “Atithi devo Bhavah”, meaning, “We feel God through our guest”.



 www.greensayurveda.com

Jiva Yoga Academy

 16 PEOPLE

 DELHI

 RISHIKESH, INDIA

 RETREAT CENTER

Cultivate Happiness, Self-Love and Positivity in a yoga program deeply devoted to spiritual growth and understanding. Jiva Yoga Academy is a unique Yoga Alliance Accredited school based in the spiritual epi-centre of Rishikesh, India, that offers a variety of courses based on Hatha and Ashtanga practices. We offer 200 Hour Teacher Training in Multiple Yoga, 100 Hours Yoga Teacher Training and 6 & 13 Day detox Retreats.



 [instagram.com/jivayogaacademy/](https://www.instagram.com/jivayogaacademy/)

 www.jivayogaacademy.org

Himalayan Orchard

 11 PEOPLE

 NEW-DELHI

 FARM / RETREAT CENTER

 HIMACHAL PRADESH INDIA

While we provide good quality accommodation and food, please be aware that we are a working farm, not a resort, and there will therefore be agricultural activities going on involving livestock (cows, goats and chickens). There is no TV, but as well as the billiards room, badminton and table tennis, we have a library of DVDs, board games and over 1000 books, which all are most welcome to make use of, for the duration of their stay. The DVD screen and projector are in the common living room.



 <http://www.himalayanorchard.com>

 [instagram.com/himalayanorchard/](https://www.instagram.com/himalayanorchard/)

Khaama Kethna Holistic Wellbeing Retreat Centre

 60 PEOPLE

 GOA, INDIA

 GOA

 RETREAT CENTER

Experience this haven designed as a sanctuary, the mythical paradise of earth, a place for profound contemplation and inner communion. Nestled in a tranquil valley in the hilltops of Agonda on approximately 12.5 acres of forest, Khaama Kethna is a creative village surrounded by an abundance of colourful flowers, fruits, medicinal plants, verdant jungle trees, frolicking monkeys, butterflies and bird songs. The pure ambience lends itself to the profundity of endless silence that encourages one to be still, quietly reflect, and explore the journey within oneself.

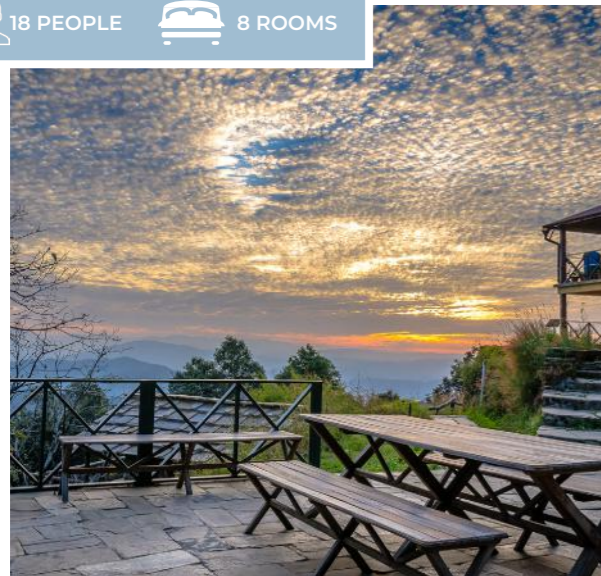


 [instagram.com/khaamakethna/](https://www.instagram.com/khaamakethna/)

 www.khaamakethna.com

Binsar Forest Retreat

18 PEOPLE 8 ROOMS



[binsarforestretreat](#)

www.binsarforestretreat.com

FEATURES

NEW DELHI FOREST LODGE

UTTARAKHAND, INDIA

Binsar Forest Retreat is an eco-friendly home stay situated inside the Binsar Wildlife Sanctuary in the heart of Kumaon. We are 100 kilometres north east of Nainital in the eastern part of the Himalayan state of Uttarakhand. The Retreat is at an altitude of 7,600 ft amidst dense forests with spectacular views of the higher Himalayas and the Kumaoni hills.

Quiet Healing Center

15 ROOMS



CHENNAI RESORT

[quiethealingcenter_auroville](#)

FEATURES

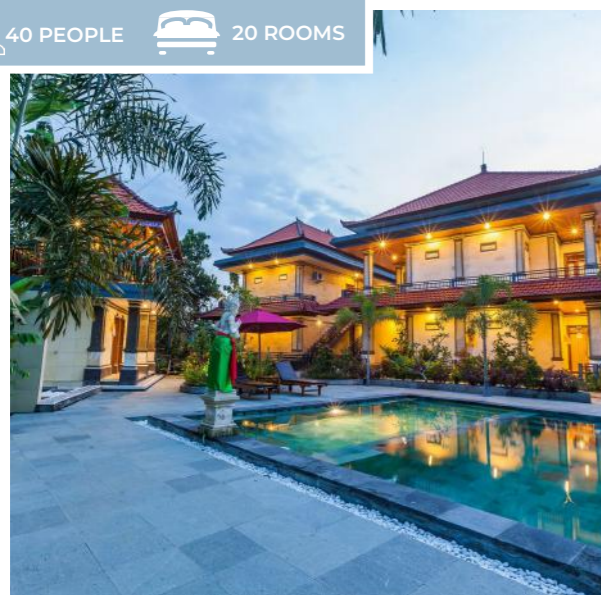
AUROVILLE, INDIA

Auroville's health spa and wellness center on the beach, offers a wide variety of natural healing therapies. A place to relax, recharge and rejuvenate; a place to discover deep contentment, inner peace and joy. Occupying a beautiful 7 acre beachfront compound near Pondicherry, Quiet Healing Center is Auroville's natural healing facility with superb views on the Indian Ocean. 'The Mother' had personally selected this location to create a 'Hospital of Love'.

www.quiethealingcenter.info

Parimukti Yoga & Meditation Goa

40 PEOPLE 20 ROOMS



GOA, INDIA

<https://instagram.com/parimukti1>

FEATURES

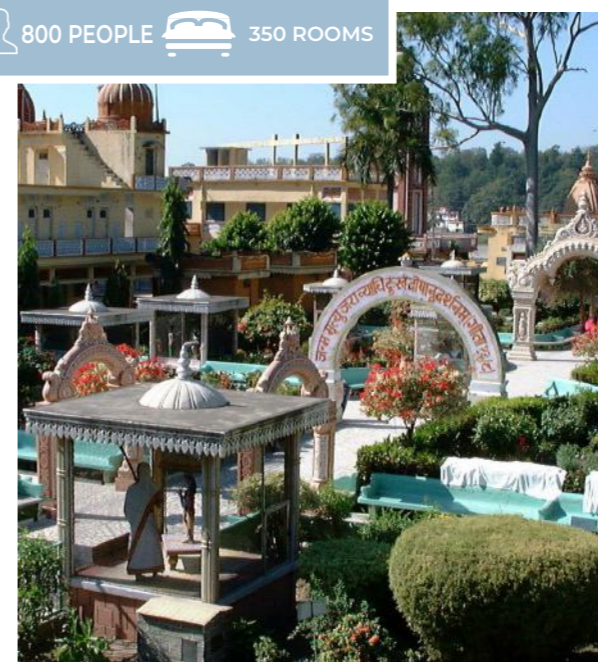
GOA RETREAT CENTER

Parimukti is a sanskrit word which means the path to freedom through realisation of who we are. Using the teachings and practices of the yoga tradition, we go on an explorative journey to understanding the nature of our body, mind, and investigate the relationship between ourselves and others. Gaining clarity about our conditioned beliefs allows us to live in freedom and joy.

parimukti.com

Parmarth Niketan Ashram

800 PEOPLE 350 ROOMS



www.parmarth.org

FEATURES

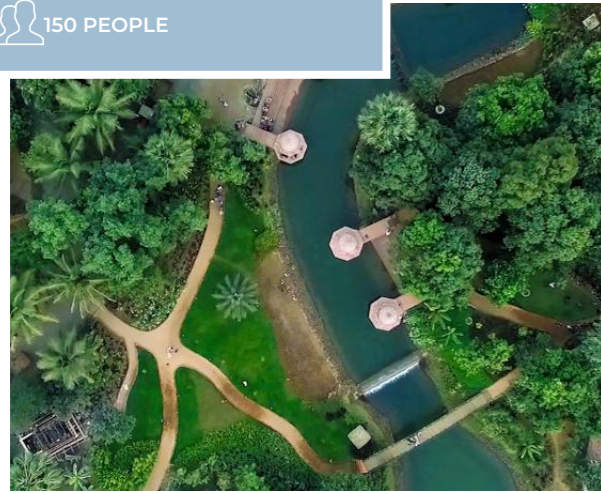
DELHI ASHRAM

RISHIKESH, INDIA

Parmarth Niketan is a true spiritual haven, lying on the holy banks of Mother Ganga in the lap of the lush Himalayas. It is the largest ashram in Rishikesh, providing its thousands of pilgrims who come from all corners of the Earth with a clean, pure and sacred atmosphere as well as abundant, beautiful gardens. With over 1,000 rooms, the facilities are a perfect blend of modern amenities and traditional, spiritual simplicity.

Govardhan Ecovillage

150 PEOPLE



MUMBAI ECO VILLAGE

MAHARASHTRA, INDIA

www.ecovillage.org.in

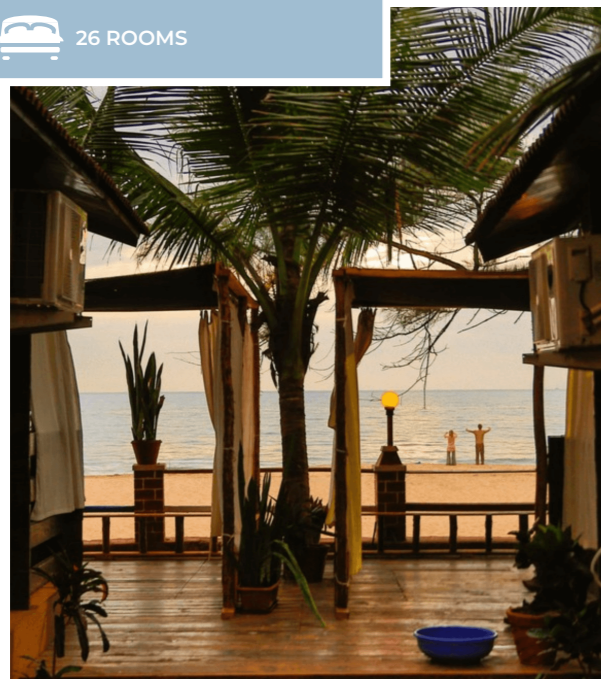
FEATURES

Kohoj Fort, Govardhan Eco Village is the spiritual pathway to discover the self. Featuring a splendid mix of guest rooms, villas – replete with elegant interiors and several amenities like Spa and Pool Deck, it is not just a retreat that will leave you breathless with the enchantment of its surroundings, but will help redefine lifestyles to include the well-known Indian wellness regimes of Ayurveda, Yoga and traditional philosophy, to bring about the union of mind, body and soul.

instagram.com/govardhan_ecovillage/

Simrose Resort

26 ROOMS



FEATURES

GOA RESORT

GOA, INDIA

We are located in a little village of Agonda, place where people come to make their pace a bit slower. Our place is not about loud music or parties, its for people who just want to read (or write) books, swim in a sea, soak sun, chat with our very friendly staff, eat well, do yoga, get a massage, watch cows strolling by the sea and enjoy sunsets

instagram.com/simroseresort/

www.simrose-goa.com

Isola di Vocco

160 PEOPLE 83 ROOMS



KERALA, INDIA

www.isoladicocco.com

FEATURES

KERALA RESORT

The Isola Di Cocco (The Island of Coconuts.), an ayurvedic beach resort cosseted by a coconut grove, residing on the banks of the river Poovar, at the juncture where the tranquil over embraces the roaring Arabian seal. Isola Di Cocco is tucked away in the southwestern tip of India in the State of Kerala - the internationally renowned tourist destination (projected as one of the 50 best “must see destinations” in the world by the National Geographic Traveller Magazine).

Villa Calangute

24 PEOPLE 7 ROOMS



FEATURES

GOA VILLA

GOA, INDIA

A breathtaking holiday experience, we specialise in private, spacious, self catered, luxury villas. We want you to leave Villa Calangute with a treasure trove of memories, as if you were leaving good friends behind- friends who have enhanced your holiday with unbelievable service and in-depth local knowledge.

instagram.com/villacalangutegoa/

www.villacalangute.com

Udayagiri Rejuvenation Retreat Center



FEATURES



KARIPUR



RETREAT CENTER



THOLPETTY, INDIA

The Udayagiri is a peaceful haven for rare birds, butterflies, wild orchids and herbs. This place is a gift of nature for those who seek quietude, calmness and serenity of the mind. We have other amazing activities in our Udayagiri, such as meditation, yoga, trekking, bird watching etc.

<http://www.udayagiriretreat.com/>

Devarya Wellness



FEATURES



GOA



RETREAT CENTER

Located in the heart of a serene seaside town in Goa is Devarya Wellness, where you can breathe, experience and live the yoga life. Spanning 7,000 square metres, this green yoga retreat overlooking Morjim Beach is a peaceful sanctuary for those seeking an escape from the monotony of a busy, urban existence. At Devarya, which translates into Divine Belief in Sanskrit, everyone from beginners to seekers and yogis can experience the goodness and mindfulness of a holistic yoga lifestyle.

GOA, INDIA

devaryawellness.com/

Rishikesh Yog Nirvana

15 PEOPLE



FEATURES



RISHIKESH, INDIA



DEHRADUN



RETREAT CENTER

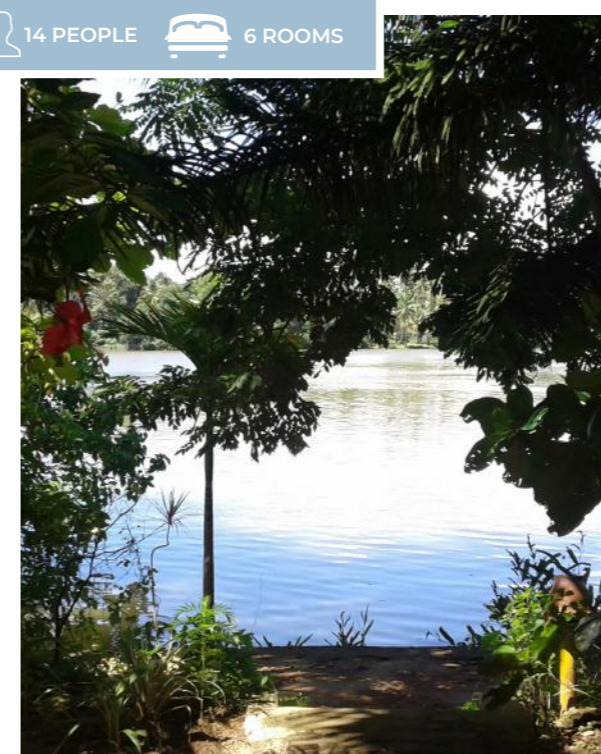
Rishikesh Yog Nirvana is situated in the lap of nature in the holy town Rishikesh where people find peace of mind. Being the world capital of Yoga Rishikesh leads you to the way of a happy and stress free life. The flow of holy Ganges has a great impact on one's mind ,body & soul as its water continues to flow it takes away the negativity from one's life.

[rishikeshyognirvana](https://www.instagram.com/rishikeshyognirvana)

rishikeshyognirvana.com/

BIG BANANA ISLAND RETREAT

14 PEOPLE 6 ROOMS



FEATURES



RETREAT CENTER



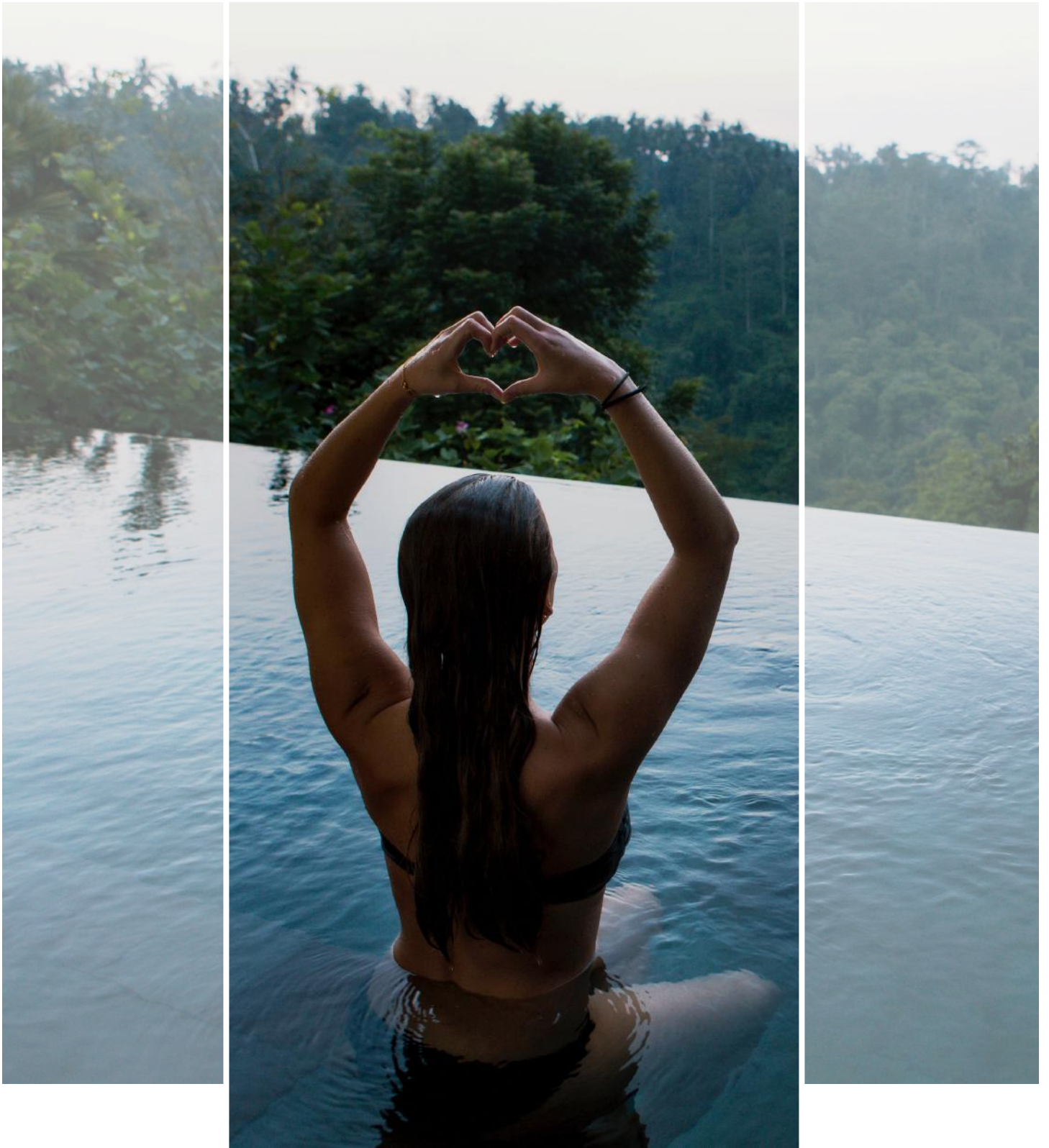
NEDUMBASSERY



KOCHI, INDIA

Over a decade's period of its tenure, Big Banana Island Retreat has become well known for its beauty, silence and wisdom, and moreover, its highly personalized way of approach towards its customers. B.B.I. offers you to experience a lifestyle close to the nature, following the principles of Yoga, Ayurveda and Vedanta to be physically and mentally in perfect comfort. Everyone who lands up in B.B.I. agrees that this place is unique and different.

<http://bbiretreat.com/>



RETREATS AND VENUES

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