

Discover the Perfect Venue

2019 GUIDE TO FRENCH RETREAT VENUES

For Your Next Retreat

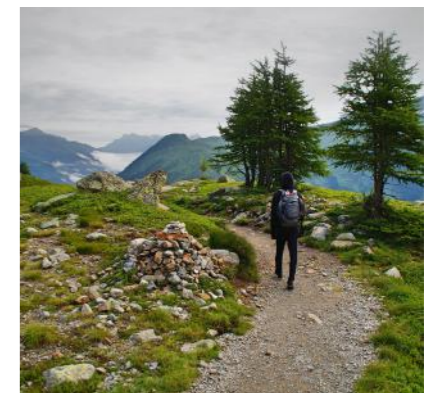


RETREATS AND VENUES



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*Discover leading retreats,
stunning venues
and welcoming hosts
AROUND THE WORLD*



RETREATS AND VENUES

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www.retreatsandvenues.com



Discover Your Next Retreat

FRANCE

Discover leading retreats, stunning venues and welcoming hosts around the world



Bearfoot Breaks

 10 PEOPLE

 5 ROOMS

 LIMOGE

 FARM

 NEUVIC-ENTIER, FRANCE

Home of the Bearfoot Bootcamp - offering 1-2-1, couple and small group fitness and movement training, tailored to your individual needs, based in rural France! We offer tailor-made wellness retreats, individual boot camps, activity holidays and wonderful boutique accommodation. Blending healthy living, with fun, relaxation and style! You'll leave being the best you, that you can be! Making the most of your time here at Bearfoot Lodge, we have several options to suit you and your stay.



 www.bearfootbreaks.com

 [instagram.com/bearfootbreaks](https://www.instagram.com/bearfootbreaks)



Domaine de Canaille

 CASSIS, FRANCE

 12 ROOMS

 MARSEILLE

 VILLA

Domaine de Canaille welcomes your wellness trips, yoga or detox retreats in a splendid property situated in the French Riviera's beautiful Cassis. This former 19th-century hotel which welcomed Virginia Woolf in the 1920s has been entirely renovated in 2017 to combine modernity, simplicity and comfort in its 600-sm space (6500 sq. ft).

 www.domainedecanaille.com

FEATURES

- Swimming Pool
- Ocean Facing Terrace
- Entertainment Room
- Yoga Accessories
- 11 bathrooms
- 500sm Ocean facing terrace
- Chef

With 150 acres under Cap Canaille in the Calanques National Park, this luxury villa offers breathtaking views of the Mediterranean Sea making it a completely unique place, ideal for serenity and relaxation.

 [instagram.com/domainedecanaille/](https://www.instagram.com/domainedecanaille/)

Praana Wellness

15 PEOPLE

6 ROOMS

BORDEAUX

RETREAT CENTER

CHARENTE MARITIME, FRANCE

A Therapeutic Retreat Centre amongst the Cognac vines. Weekly yoga classes, private one-to-one sessions of yoga or counselling. Bed & Breakfast. Spa facility. We host private therapeutic retreats as well as hosting and organising residential programmes for visiting yoga teachers, artists, creative writers, dancers and ayurvedic professionals. We offer B&B in between our retreats as well as we offer weekly self-catering rental to retreat leaders or families for special events.



[instagram.com/praanawellness](https://www.instagram.com/praanawellness)

Praanawellness.com

Mas Vilalte

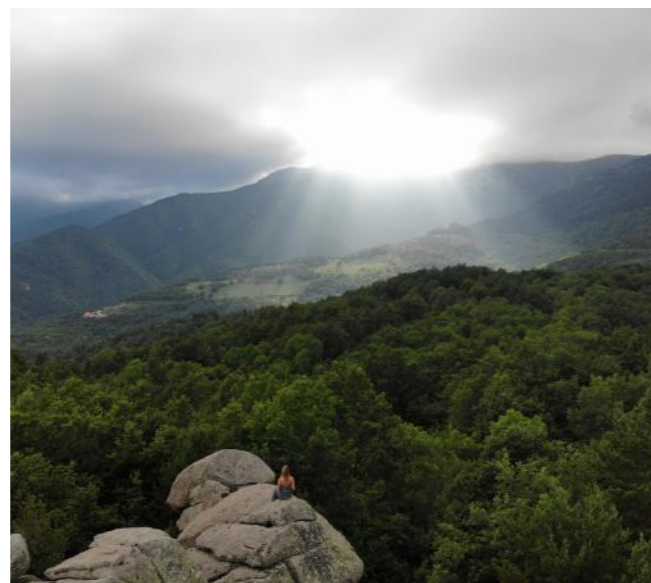
40 PEOPLE

20 ROOMS

PERPIGNAN

RETREAT CENTER

Mas Vilalte is situated at the end of a one-mile long private drive, 10km away from the small village of Corsavy on the South facing slopes of Mount Canigou. The hamlet consists of a large mansion house, a cluster of small stone buildings and a newly constructed wooden meditation/yoga hall (150 m2) with grass-roof and infra-red heating. Ideal venue for seminars, courses, workshops, quiet vacations and all other activities that would respect and be in harmony with the beautiful and pure environment.



LANGUEDOC-ROUSSILLON, FRANCE

www.masvilalte.com/

The French Retreat

22 PEOPLE

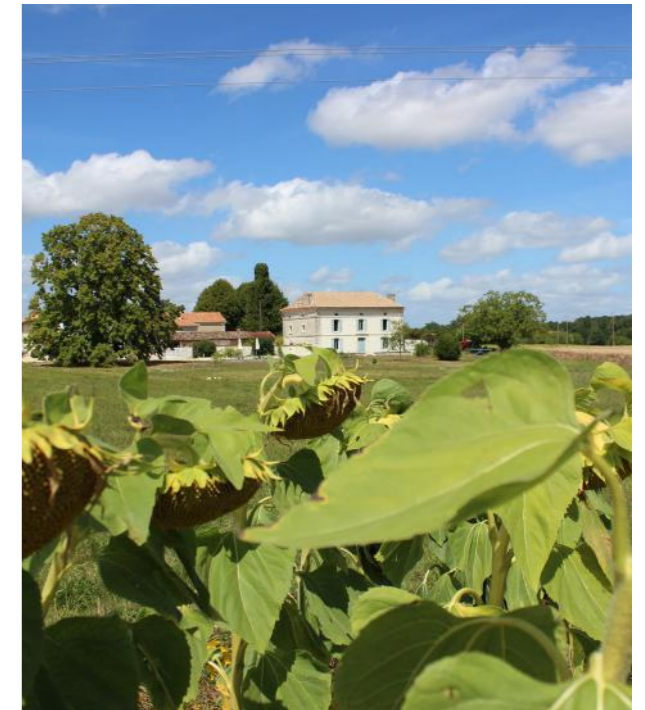
11 ROOMS

BORDEAUX

RETREAT CENTER

NEAR BORDEAUX, FRANCE

The French Retreat was designed to host workshops, events and courses which make the world a better place. The vast double-height group room with its vaulted ceiling is simply stunning. Each bedroom has a very different feel, from simple French country twin rooms to the Lord of the Manor's four-poster bedroom. The en-suite bathrooms are sleek and modern, with traditional features retained.



www.retreat.fr

[instagram.com/french_retreat/](https://www.instagram.com/french_retreat/)

Magic Hill Wellness & Retreat Center

8 PEOPLE

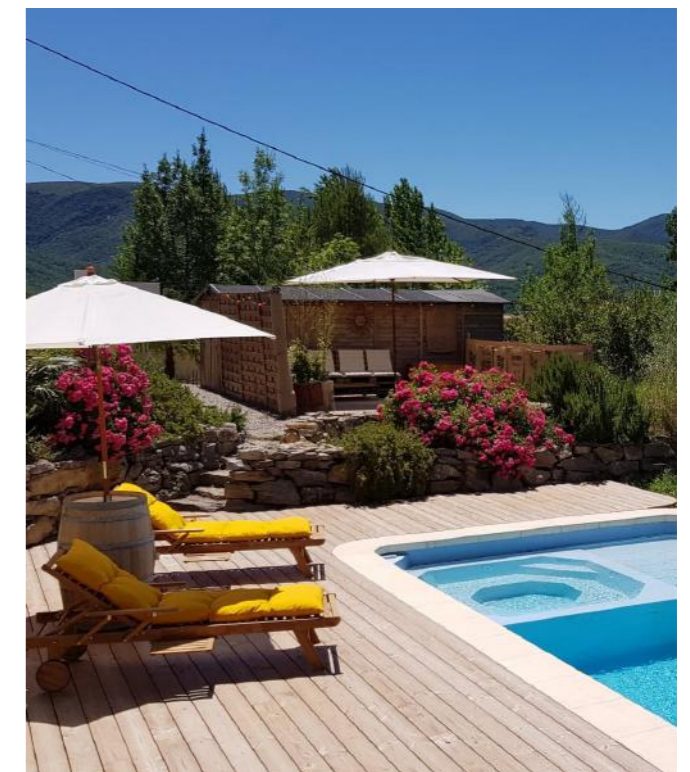
4 ROOMS

MONTPELLIER

VILLA

HÉRÉPIAN, FRANCE

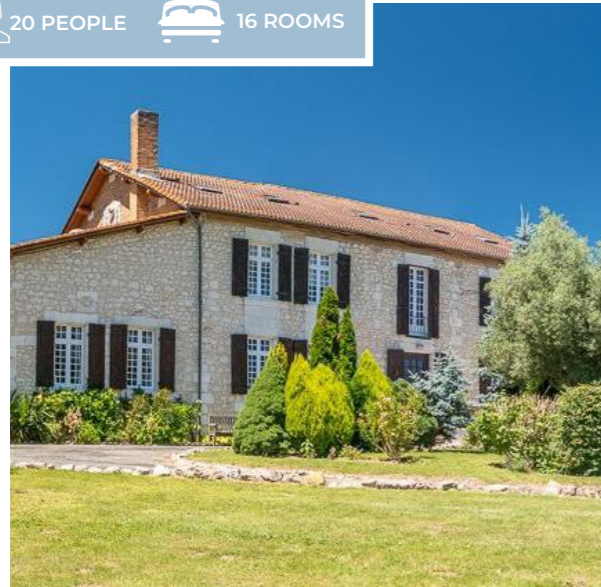
Nestled in the hills of the "Haut Languedoc" National Park, Magic Hill is an ideal place to relax and recharge. Built on ancient terraces, the villa has a variety of living spaces. Each with its individual energy and atmosphere, adapting to the changing moments and moods of the day.



www.manifestandcreate.net

Le Logis des Quatre Puits

20 PEOPLE 16 ROOMS



NEUVICQ, FRANCE

www.lesquatrepuits.com

FEATURES

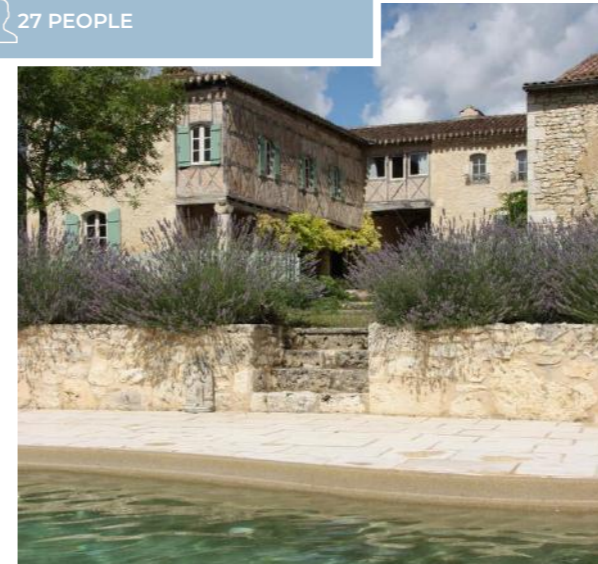
MÉRIGNAC

HOLIDAY & RETREAT CENTRE
BED & BREAKFAST

Le Logis des Quatre Puits is set in its own 74 acre country park, bordered by the river Palais. Parts of the house date back to the 16th Century. Les Quatre Puits offers comfortable and friendly bed and breakfast and three self catering gites. We also hold residential courses and retreats using our amazing geodesic dome. There is a 12m x 6m swimming pool and secure parking with CCTV. We specialise in vegetarian and vegan catering.

Chateau de Puissentut

27 PEOPLE



GERS, FRANCE

[instagram.com/chateaudepuissentut](https://www.instagram.com/chateaudepuissentut) www.chateaudepuissentut.com

FEATURES

BLAGNAC

RETREAT CENTER

Château de Puissentut is a medieval château with a modern twist. Inviting and full of charm, it is the perfect venue for your workshop, retreat, themed holiday or wedding. We provide a fabulous venue and all the support you need for you to create your dream event, be it your wedding, a retreat, a special celebration or a special holiday.

Perigord Retreats

17 PEOPLE 9 ROOMS



RETREAT CENTER

DORDOGNE, FRANCE

[instagram.com/perigordretreats/](https://www.instagram.com/perigordretreats/)

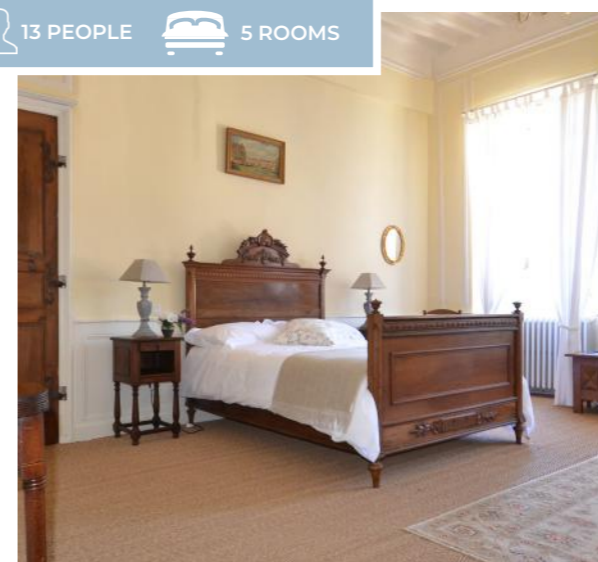
FEATURES

Perigord Retreats is perfectly located in the heart of the Dordogne and provide all-inclusive art workshops and daily visits to the most beautiful villages and landscapes in France. Our property consists of 2 beautiful houses, an indoor/outdoor swimming pool, over 20 mature oaks with truffiere underneath, picturesque views, a small vineyard and lavender farm, a small orchard, an abundance of flowers blossoming throughout the year, over 15 tree species, 30 animal species in the garden alone and much more.

perigord-retreats.com/

La Pélisserie

13 PEOPLE 5 ROOMS



SAINT ANTONIN NOBLE VAL, FRANCE

www.lapelisserie.com

FEATURES

BLAGNAC

HOTEL

La Pélisserie is a large atmospheric merchant's house (dating back to the 13th century) located in the heart of the seductive medieval town of Saint Antonin Noble Val. Substantially and sensitively refurbished, the house offers 4 spacious en-suite bedrooms and a large self-catering studio apartment. Whether for a holiday or brief visit, our mission is to provide guests with a restful and relaxing escape, together with some of the charm and sophistication of a quality boutique hotel.

Lauvitel Lodge

24 PEOPLE 10 ROOMS



LA DANCHERE, FRANCE

instagram.com/lauvitellodge/

FEATURES

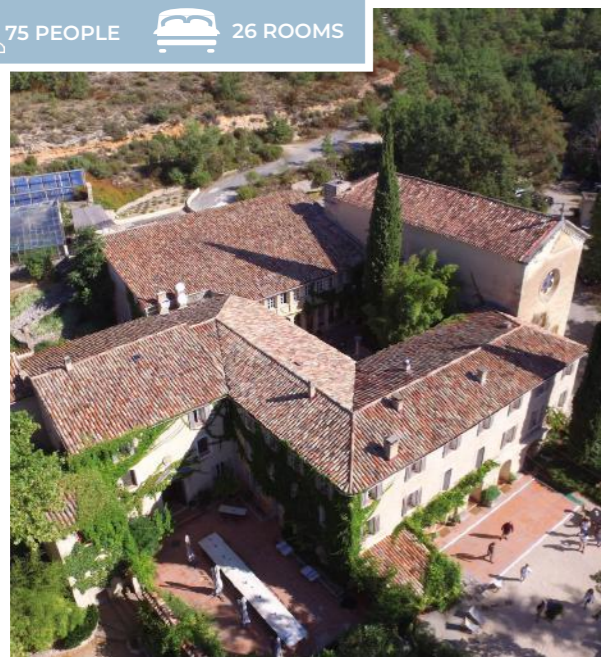
GRENOBLE HOTEL

A magical place for your next holiday. Resting in the tiny hamlet of La Danchère, Venosc, France, Lauvitel Lodge sits at the doorway to the splendors of the Ecrins National Park. We have a wealth of facilities and activities for you to enjoy, perfect for a retreat, workshop, cycling event, family reunion, ski holiday or walking vacation. Whatever draws you to Lauvitel Lodge you will find it to be an ideal place to enjoy each other's company to the full.

www.lelauvitel.com

Monastere De Segries

75 PEOPLE 26 ROOMS



MARSEILLE

RETREAT CENTER

FEATURES

MOUSTIERS SAINTE MARIE, FRANCE

Charming place, located in the heart of the Verdon Natural Park, this former Cistercian monastery. Converted into a guest house, combines conviviality and tranquility for the reception of groups. Annemarie and Dhruv, the owners, will quickly make you feel at home. They invite you to an unforgettable slice of life during your stay. The monastery of Segriès, where everything is possible or almost ...

monastere-de-segries.com

Chateau de Gudanes

27 PEOPLE 14 ROOMS



BLAGNAC CHATEAU

instagram.com/chateaugudanes

FEATURES

CHÂTEAU-VERDUN, FRANCE

Chateau de Puissentut is a medieval chateau with a modern twist. Nestled in the rolling hills of South west France, it is a tranquil haven, perfect for your retreat, themed holiday or wedding. Facilities include a 130 m2 fully equipped yoga studio, treatment rooms, swimming pool, juice and wine bar and extensive gardens. Local villages and market towns are easy to reach and you can enjoy a plenty of walks through the fields and woods.

www.chateaugudanes.com/

Haven on the Hill

7 ROOMS



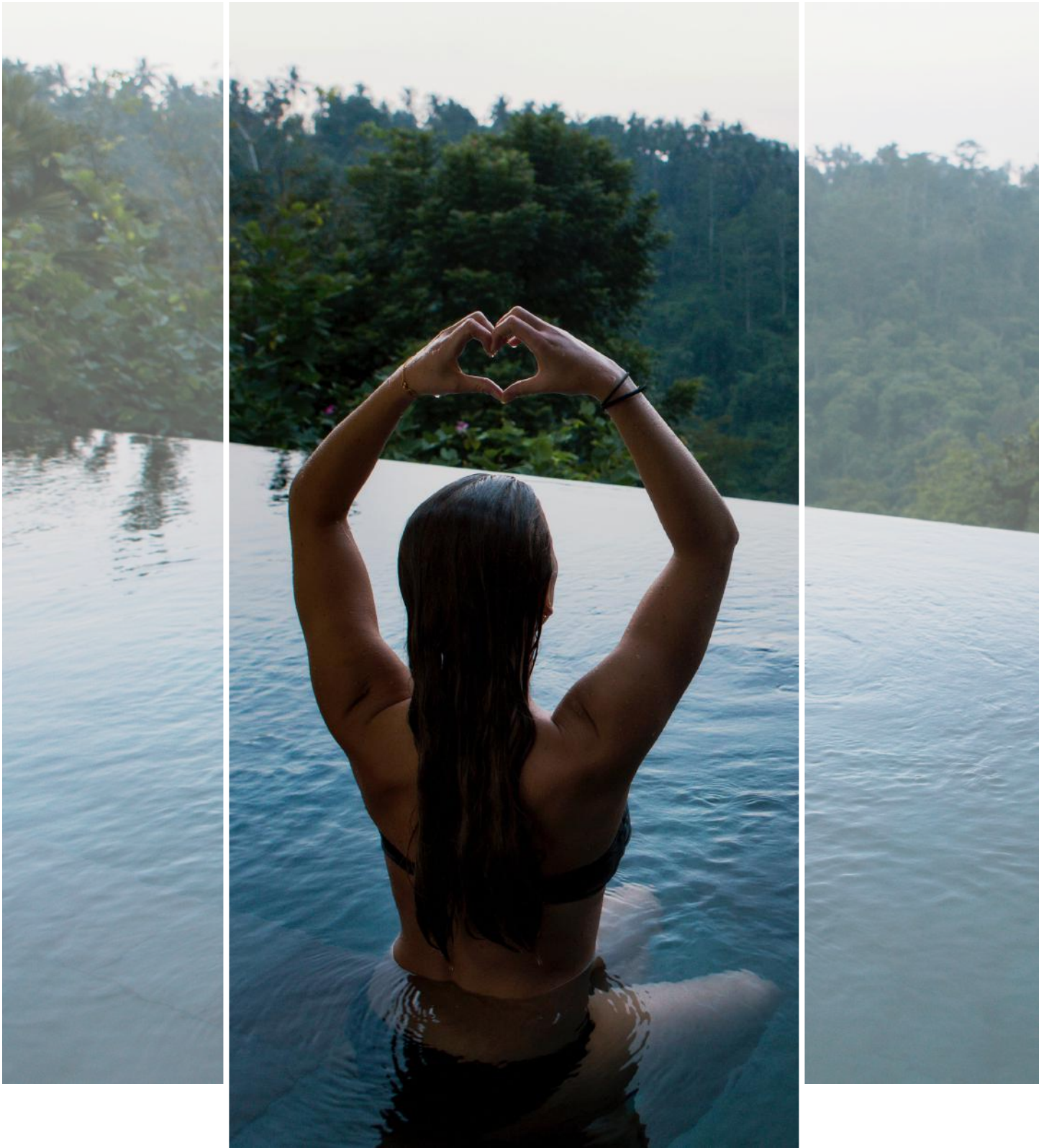
LALANDUSSE, FRANCE

www.facebook.com/pg/havenonthehillretreat

FEATURES

BERGERAC

Welcome to Haven on the Hill, a unique rural venue set in Lalandusse in the district of Lot et Garonne, approx 20 km from Bergerac airport. Our retreats are all about wellbeing, creativity and mindfulness, attended by small groups seeking tranquility and relaxation. Our classes are open to all abilities and are led by qualified teachers in Hatha Yoga, Pilates, Qi Gong, Arts and crafts.



RETREATS AND VENUES

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