

Discover the Perfect Venue

2019 GUIDE TO COSTA RICAN RETREAT VENUES

For Your Next Retreat

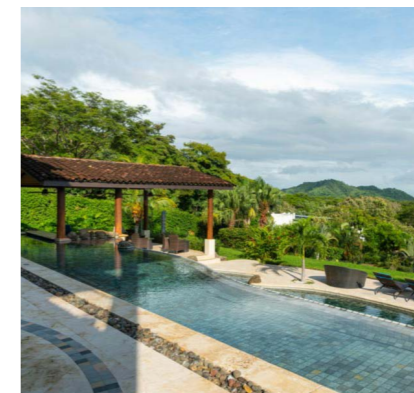
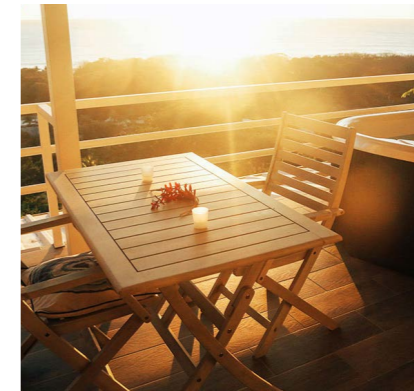


RETREATS AND VENUES



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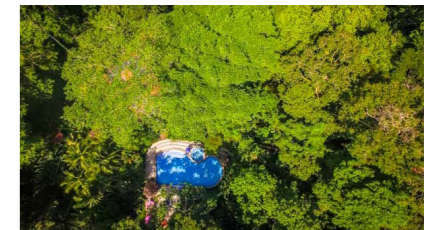
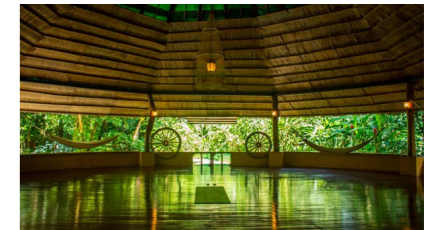
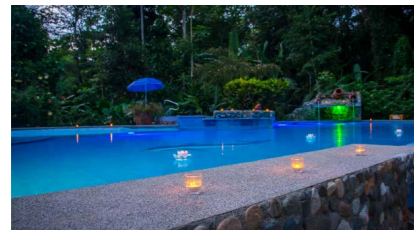


*Discover leading retreats,
stunning venues
and welcoming hosts
AROUND THE WORLD*



RETREATS AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L
 Phone: +1 604 779-1459 Email: matt@retreatsandvenues.com
www.retreatsandvenues.com



The Goddess Garden Eco-Resort

CAHUITA, COSTA RICA

PUERTO LIMON

RESORT

The magic of the Costa Rican Rainforest and the dance of the Caribbean Sea make the perfect combination to create this Yoga Teacher Training and Retreat Center. The Goddess Garden is a Yoga Retreat and a Yoga Teacher Training Retreat Center and most of all, an Intentional place for yoga, meditation and transformation in Costa Rica.

www.thegoddessgarden.com

FEATURES

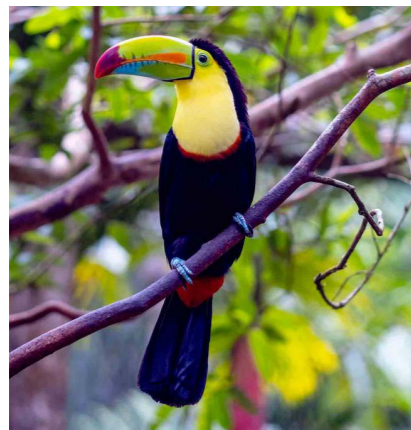
50 PEOPLE

17 ROOMS

- Indoor Yoga Studio
- Outdoor Yoga Studio
- Conference Room
- Spa
- Swimming Pool with Jacuzzi
- Restaurant

Transformation can take place by practicing yoga, meditating and living fully in the present. The Goddess Garden provides the facilities for yoga teacher training with the best yoga instructors and yoga group retreats in Cahuita, Costa Rica.

[instagram.com/thegoddessgarden](https://www.instagram.com/thegoddessgarden)



Discover Your Next Retreat
COSTA RICA

Discover leading retreats, stunning venues and welcoming hosts around the world



Finca Mia Retreat Center

40 PEOPLE

15 ROOMS

SAN JOSE

RETREAT CENTER

PEREZ ZELEZON, COSTA RICA

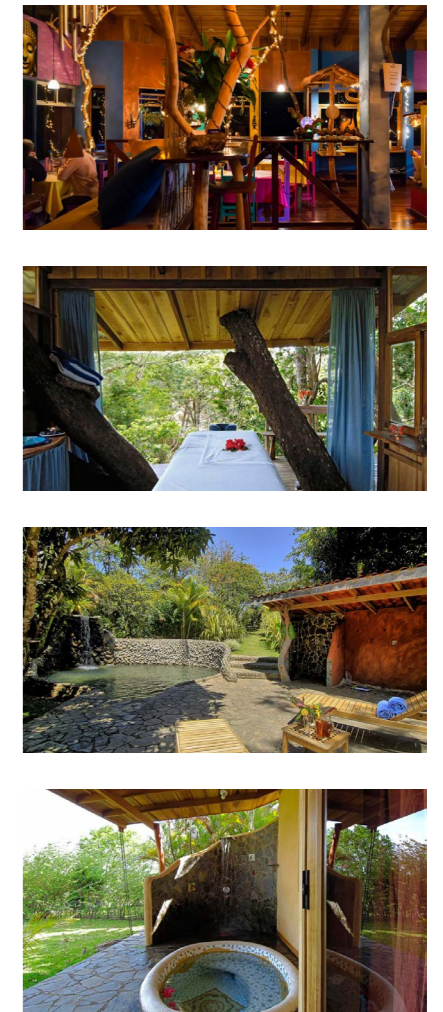
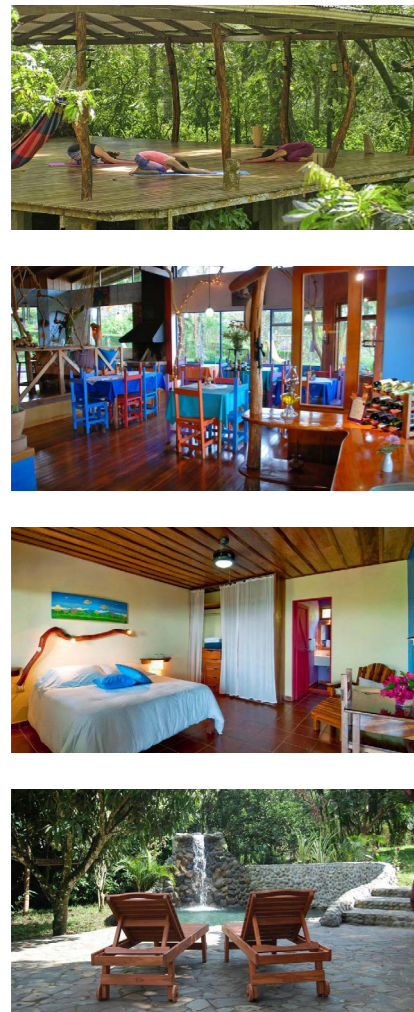


Nestled in the lush foothills of the Chirripo Mountain Reserve, sitting gracefully along the banks of the pristine Talari River, Finca Mia is an enchanting jungle retreat offering many amenities, healing modalities, and an unforgettable experience. Surrounded by rainforests for secluded tranquility, yet graced by a vibrant community, this healing retreat center is full of warmth, an opportunity for self-reflection, insight, and restful rejuvenation. Finca Mia is a haven to many!



www.fincamia.com

www.instagram.com/fincamia



Mystica Lodge and Retreats

 TILARÁN, COSTA RICA

 LIBERIA

 RETREAT CENTER

Since 1993, Mystica has been opening its doors offering comfort, yoga, healing, taste, art, sports and adventures, and hosting yoga retreats from all over the world in a spectacular location in the heart of Costa Rica. This magical Oasis rises on a hill in the lush valley overlooking the vast Arenal Lake and impressive Arenal Volcano. The magnificent view is breathtaking for the eyes and the soul.

 www.mysticacostarica.com

FEATURES

 20 PEOPLE

 11 ROOMS

- Yoga Sanctuary
- Meditation Labyrinth
- Dipping Pool
- Infrared Sauna
- A Treehouse for Wellness Services

Discovering Mystica, you will be surrounded by beautiful fruit trees and exotic flowers leading you to the organic garden, the natural pool, the tree-house healing space, and the sanctuary by the river. Relax in the hammocks, let stresses dissolve as you receive a massage, and wake up to the powerful practice of Yoga.

 www.mysticacostarica.com

Congo Bongo Ecolodge

- 35 PEOPLE
- 8 HOUSES
- SAN JOSE
- ECO VILLAGE
- MANZANILLO, COSTA RICA

Congo Bongo Ecolodges is a family-run property on the Caribbean coast within the Gandoca-Manzanillo Wildlife Refuge that features eight beautiful vacation houses. We're nestled in a private nature park and tropical garden, with easy access to a beautiful white-sand beach. Up the road from Puerto Viejo de Talamanca, our tranquil 6.5 hectare (15.6 acre) property is very popular for retreats, family reunions, and weddings, and our Long Dream House is spacious enough to use for group activities and group meals.



www.congo-bongo.com

Villa Buena Onda

- 22 PEOPLE
- 8 ROOMS
- LIBERIA
- HOTEL
- PLAYAS DEL COCO, COSTA RICA

The ideal location, near an international airport, various beautiful national parks of Costa Rica and the most pristine beaches within 15-60 min from our Villa. It is central but hidden away to give our guests the feeling they are in paradise. We invite you to our exclusive, 8-room adults-only hotel to relax, unwind and allow yourself to be pampered on your special vacation. 2 other unique factors are the excellent food we serve and our staff.



[instagram.com/villabuenaonda](https://www.instagram.com/villabuenaonda)

www.villabuenaonda.com

Bodhi Tree Yoga Resort

- 150 PEOPLE
- 57 ROOMS
- LIBERIA
- RETREAT CENTER
- NOSARA, COSTA RICA

Bodhi Tree Yoga Resort is the ideal escape for every yogi, surfer and wellness enthusiast looking to discover the magic of Costa Rica. Our Balinese-inspired grounds and accommodations redefine comfort and luxury, allowing you to focus on your healing journey while enjoying a sanctuary, unlike any other Costa Rica hotel or resort. Your journey to peace, balance, and rejuvenation begins at our Costa Rica wellness resort.



bodhitreeyogaresort.com/

www.instagram.com/bodhitreeyogaresort/

Finca Camino Nuevo

- 20 PEOPLE
- 10 ROOMS
- ALAJUELA
- RETREAT CENTER
- SAN LUÍS DE MONTEVERDE, COSTA RICA

Welcome to Finca Camino Nuevo, a healing sanctuary hugged by the mountains with an open view to the sea. We invite you to host or attend a wellness retreat with us, where your body and soul will be rejuvenated, nourished and supported. Rooms with mountain to sea views, a spacious dining area, a yoga shala, firepit and sweat lodge, a magical maloca for meditation, and winding forest trails all await you!



www.instagram.com/daku_resort

www.dakuresort.com

Funky Monkey Lodge

 40 PEOPLE

 12 ROOMS

 SAN JOSE

 HOTEL

 SANTA TERESA BEACH,
COSTA RICA

Our lodge is hidden on a tropical rainforest, bringing natural peace and quiet, but only 200m away from the beach and the main commercial road. Featuring all types of accommodations, we can create the perfect setting for any group. Dispersed and privately throughout the lodge are Treetop apartments with impressive ocean views, large and fully equipped apartments for families, private bungalows for couples, bungalows for larger groups, or dormitories for the budget travelers.



 [instagram.com/funkymonkeysurfyoga/](https://www.instagram.com/funkymonkeysurfyoga/)

 www.funkymonkeylodge.com

Calala Beach Lodge

 25 PEOPLE

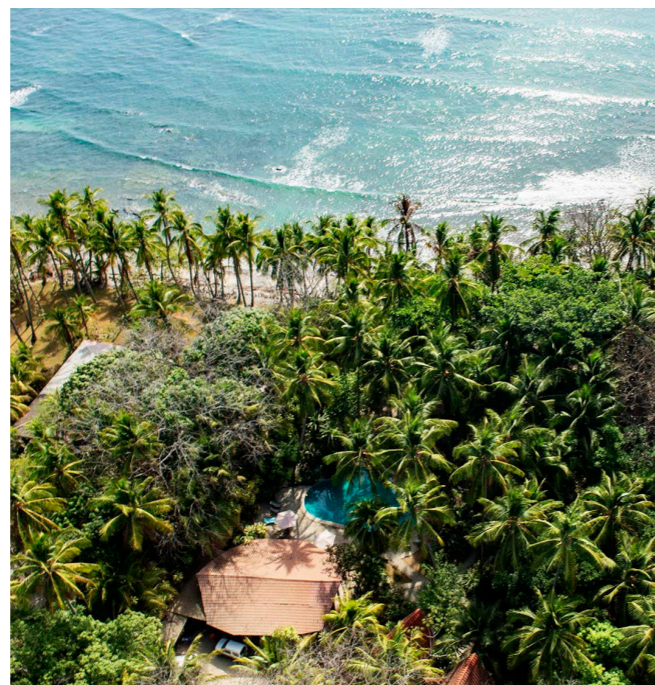
 7 ROOMS

 LIBERIA

 HOTEL

 PUNTARENAS,
COSTA RICA

Calala Beach Lodge is located in the quiet fishing village of Cabuya on the southwestern tip of the Nicoya Peninsula, 2 km from Cabo Blanco National Park. The amenities on the property remind you of a delightful Nicoya oasis. The beachfront property is in a lush tropical setting, keeping the buildings cool and immersing you in the full jungle experience. The lodge has one of the biggest pools in the area with an ocean view, and a poolside bar and restaurant.



 calalalodge.com

Posada Natura

 32 PEOPLE

 8 ROOMS

 SAN JOSE

 RETREAT
CENTER

 LONDRES,
COSTA RICA

Posada Natura Costa Rica is a wellness retreat center dedicated to transformational healing, personal development, and spiritual awakening. We are seated above one of the cleanest rivers left on earth, Rio Naranjo, and are surrounded by over 1,000 acres of rainforest that our organization has protected and reforested for 30 years. While visiting Posada Natura you will feel the healing of the rainforest, pristine water, and the Spirit animating this land.

 www.posadanatura.com



 [instagram.com/posadanatura](https://www.instagram.com/posadanatura)

OM at Cashew Hill

 17 PEOPLE

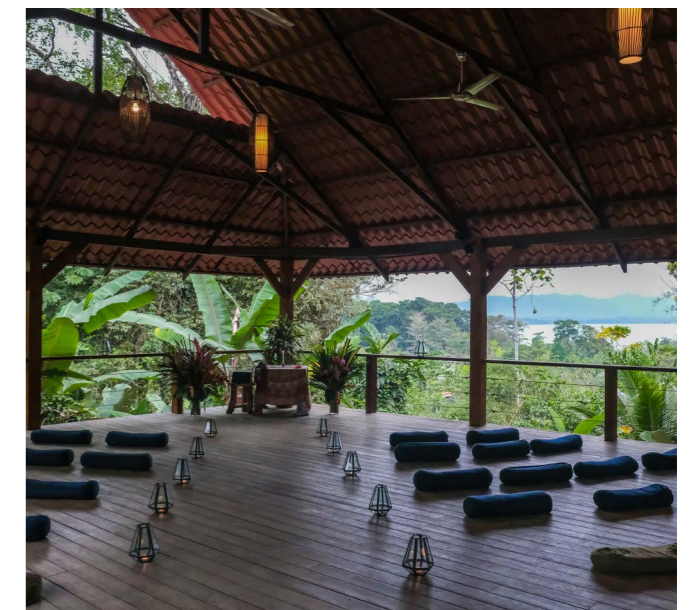
 5 ROOMS

 ALAJUELA

 RETREAT
CENTER

 PUERTO VIEJO, COSTA RICA

OM at Cashew hill rests atop a quiet jungle hill with gorgeous ocean views from every angle. OM is just three blocks away from the center of town. You'll have the convenience of town amenities paired with the tranquil seclusion of the jungle! Enjoy a refreshing waterfall pool plunge, explore the gardens where your food grows, spot and hear wildlife all around you. The cottages have UV filtered water, WIFI, housekeeping, and laundry service available for purchase.



 [instagram.com/omatchashewhill/](https://www.instagram.com/omatchashewhill/)

 omatchashewhill.com/

VENUES & RETREATS

Bodhi Surf + Yoga

10 PEOPLE

2 ROOMS
2 BUNGALOWS

ALAJUELA

HOTEL

OSA, COSTA RICA

Located walking distance from the famed Marino Ballena National Park, Bodhi Surf + Yoga utilizes surfing, yoga, nature immersion, and community engagement to facilitate memorable learning experiences with the intention of bolstering individual, long-term, pro-environmental action among guests. In fact, the physical pursuits of surfing and yoga are simply the low-hanging fruit of Bodhi's mission. Ultimately, these activities function synergistically in the cultivation of awareness — which, quite deliberately, is the meaning of the Sanskrit word Bodhi.



www.instagram.com/bodhisurfyoga/

www.bodhisurfyoga.com

Hotel Las Olas

25 PEOPLE

8 ROOMS

ALAJUELA

HOTEL

PUNTARENAS, COSTA RICA

We are located right on the water in Playa, Hermosa, Puntarenas, Costa Rica. Located about 10 minutes from the busy city of Jaco, Playa Hermosa offers an authentic, relaxing Costa Rican experience



www.lasolashotelcostarica.com

[/instagram.com/hotel_las_olas](https://www.instagram.com/hotel_las_olas)

VENUES & RETREATS

Danyasa Eco-Retreat

30 PEOPLE 12 ROOMS



SAN JOSE

RETREAT CENTER

DOMINICAL, COSTA RICA

FEATURES

Nestled in the verdant and resplendent natural beauty of Costa Rica's Southern Pacific Coast, we are your home for retreats, classes and teacher trainings in yoga and other movement arts, as well as a hub for surfing, adventure, exploration, and relaxation. Imagine yourself sitting beneath a majestic waterfall, zip-lining through the rainforest canopy, diving under the warm waves, practicing yoga in our beautiful Bamboo Yoga Play studio and staying in our eco-chic container rooms.

danyasa.com/

Blue River Resort & Hot Springs

100 PEOPLE 20 ROOMS



LIBERIA

RESORT

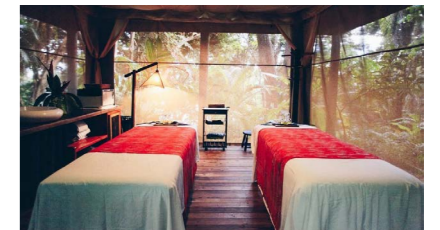
[instagram.com/blue_river_resort1](https://www.instagram.com/blue_river_resort1)

FEATURES

ALAJUELA, COSTA RICA

Blue River Family Resort is the best among the Costa Rica resorts, hot springs hotels & spas on the north side of Rincon de la Vieja, Guanacaste in the rain forest with blue rivers, majestic volcano views and 1-day tours. Discover a "Paradise on Earth", along Costa Rica's north side of the majestic volcano, Just 90 minutes from Liberia, Guanacaste's international airport, experience the perfect blend of adventure and tranquility.

www.blueriverresort.com



Ylang Ylang Beach Resort

MONTEZUMA, COSTA RICA

SAN JOSE

RESORT

Relax in our cozy rooms, nestled between a white sand beach and a tropical rain forest teeming with exotic life. More adventurous travelers can explore the endless activities available including; surfing, scuba-diving, zip-lining, ATV, horseback riding and even trails through the jungle!

ylangylangbeachresort.com

FEATURES

68 PEOPLE

23 ROOMS

- Swimming Pool
- Spa
- Yoga Studio
- Restaurant

Long considered one of the most scenic resorts in Costa Rica. For over 8 years we've received the Certificated of Excellence by TripAdvisor, and listed on leading travel publications including Fodor's Choice.

[instagram.com/ylangylangbeachresort](https://www.instagram.com/ylangylangbeachresort)

Hidden Garden Wellness Traditions Center

 10 PEOPLE

 4 ROOMS

 SAN JOSE

 RETREAT CENTER

 PUERTO VIEJO, COSTA RICA

Hidden Garden is an educational wellness center. We collect local wisdom and medicinal plants and we offer classes, retreats, and services for individuals. Hidden Garden is a living monument to the healing powers of the rainforest. It is home to over 200 plants that we have collected, as well as the forest wildlife that eats them. It is a sanctuary for humans, who come here to rest their bodies, recover their health and reclaim their ancestral wellness traditions.



 www.hiddengarden.co

Las Cascadas The Falls

 35 PEOPLE

 14 ROOMS

 ALAJUELA

 HOTEL

 QUEPOS, COSTA RICA

Las Cascadas “The Falls” is a family-owned Boutique Hotel located in the Town of Quepos, just minutes away from the world-famous Manuel Antonio National Park and all its wonders. The Hotel is located within walking distance from Nahomi Bay, (perfect sunset spot), Quepos Town, where all the small shops, supermarkets, pharmacies, and other facilities are situated. The stunning waters of the Pacific Ocean create a wonderful setting for Tours & Activities. ATV’s are always available for our guests.



 [instagram.com/lascascadasthefalls/](https://www.instagram.com/lascascadasthefalls/)

 www.lascascadasthefalls.com

LA PONDEROSA Beach & Jungle Resort PAVONES

 22 PEOPLE

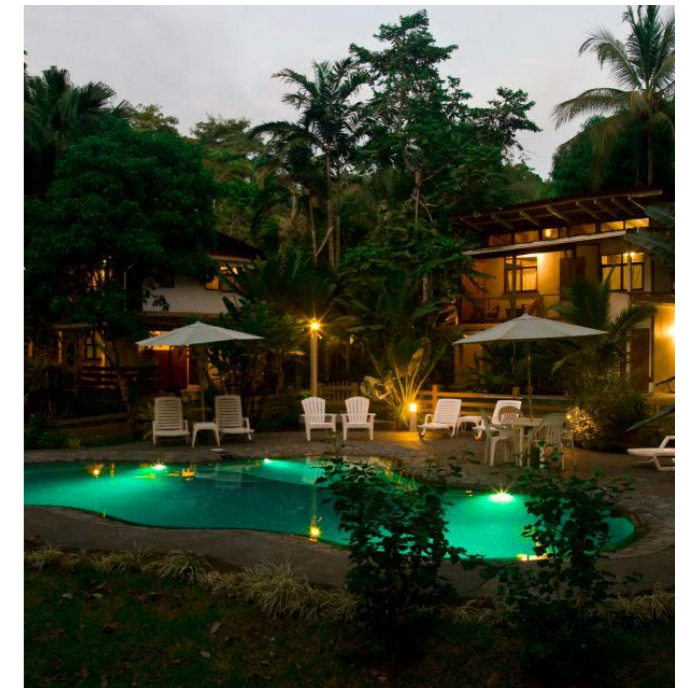
 8 ROOMS

 GOLFITO

 PAVONES, COSTA RICA

This beach & jungle resort and hotel offers modern beachfront accommodations in Costa Rica’s pristine southern zone. Only about 15% of the property is developed the rest is a lush jungle, botanical gardens, fruit orchards and trails leading to a beautiful waterfall. Pavones is located in the Golfo Dulce, home to world-famous nature reserves. It is a great place to see wildlife. You won’t be disappointed when you wake up to the sounds of the waves and jungle.

 laponderosapavones.com



 [instagram.com/laponderosapavones](https://www.instagram.com/laponderosapavones)

Finca Luna Nueva Lodge

 50 PEOPLE

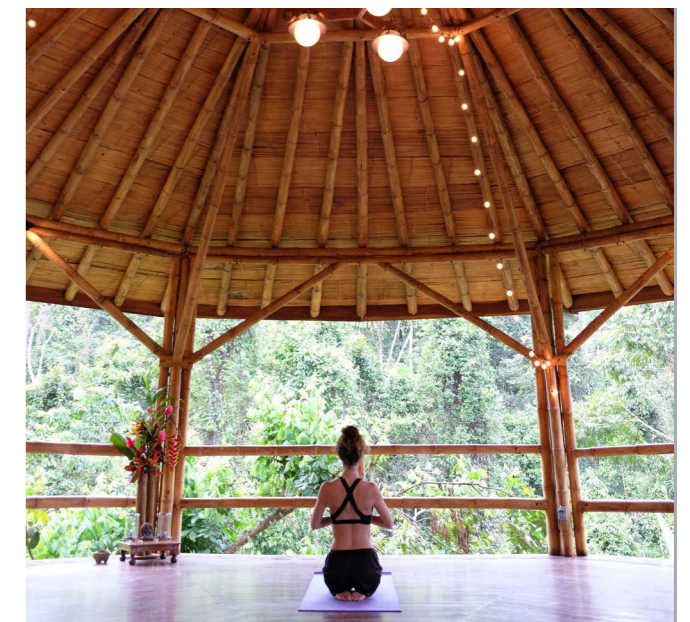
 15 ROOMS

 ALAJUELA

 ECO VILLAGE

 LA FORTUNA, COSTA RICA

Finca Luna Nueva is both a recreational paradise and a living classroom. We are also located approximately 25 minutes from La Fortuna. We offer a delicious “farm to table” experience of regenerative agriculture, together with miles of hiking trails through rainforests, farmland, and herbal gardens. With a combination of individual rooms and family cabins, totaling 40 beds, accommodations can be made for both the traveler looking for an intimate getaway as well as housing for large groups and conferences.

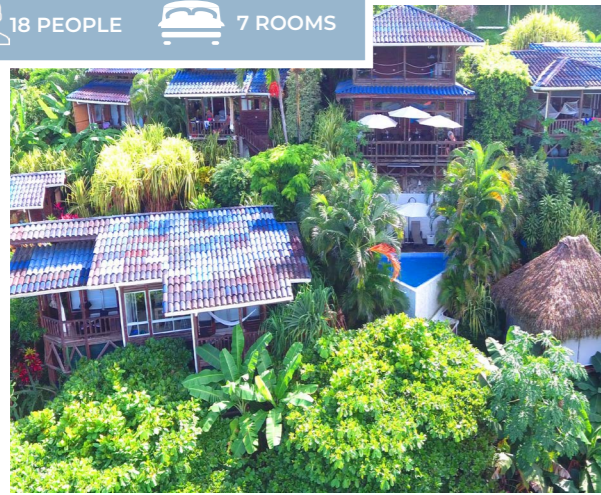


 [instagram.com/fincalunanuevalodge/](https://www.instagram.com/fincalunanuevalodge/)

 www.fincalunanuevalodge.com

Hotel Horizon - Ocean View Hotel & Yoga Center

18 PEOPLE 7 ROOMS



LIBERIA RESORT

SANTA TERESA, COSTA RICA

hotelhorizonyogasantateresa

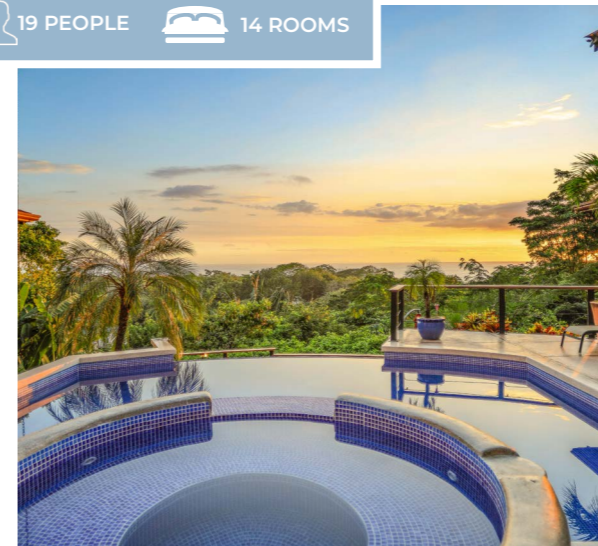
FEATURES

Nestled into lush tropical gardens on a hillside above Santa Teresa Costa Rica, the magical Hotel Horizon awaits you! Accommodation is offered in comfortable wooden cabins and villas with private bathrooms, kitchenette, and balcony. Guests can choose between 4 different types of lodging, from one bedroom ocean view cabins for singles or couples to the larger one-bedroom villas, two-bedroom ocean view cabin and two-bedroom villa that can fit till 4 guests. All units in our hotel have air-conditioning and WIFI access.

www.horizon-yogahotel.com

Casa MarBella

19 PEOPLE 14 ROOMS



SAN JOSE HOTEL

instagram.com/casamarbellahotel/ www.casamarbellacr.com

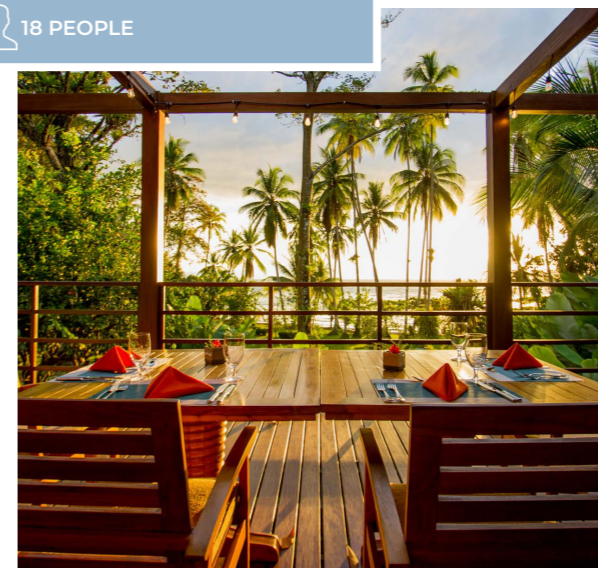
FEATURES

SANTA TERESA BEACH, COSTA RICA
A boutique hotel, Casa MarBella offers an intimate and unforgettable experience in Playa Santa Teresa, Costa Rica. Perched on a hillside, amidst the jungle and above the hustle and bustle of town, the Casa provides panoramic views of the Pacific Ocean. At Casa MarBella we have eight units that offer four different types of accommodation, each with ocean view and connected to our infinity pool.



Playa Cativo Lodge

18 PEOPLE



FEATURES

SAN JOSE HOTEL

GOLFO DULCE, COSTA RICA

instagram.com/playacativolodge www.playacativo.com

Playa Cativo Lodge is a Luxury beachfront eco Lodge located in Golfo Dulce, in the Osa Peninsula region and It is only accessible by boat. It's 1000 acres of private rainforest reserve are surrounded by the Piedras Blancas National Park. Immerse in nature while enjoying luxurious accommodations, authentic service and fantastic gourmet meals from our onsite organic farm.

Punta Mona Center for Regenerative Design and Botanical Studies

200 PEOPLE 45 ROOMS



SAN JOSE RETREAT CENTER

LIMÓN PROVINCE, COSTA RICA

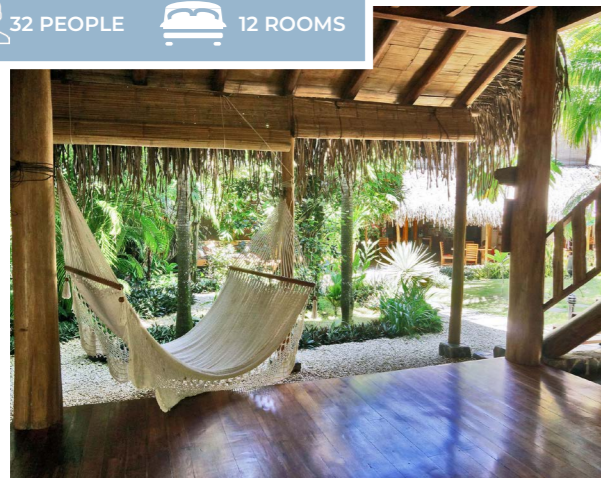
www.puntamona.org

FEATURES

Punta Mona is a family-owned, off-the-grid permaculture farm and educational retreat center on the Caribbean coast of Costa Rica. Launched in 1997, we are one of the most established and bio-diverse permaculture farms in Central America, with over 300 varieties of perennial tropical fruit and nut trees, abundant root crops, vegetables and annuals, as well as over 150 medicinal plants. All our guest cabins are hand-built from fallen trees and bamboo foraged and milled on our land.

Otro Lado Lodge

32 PEOPLE 12 ROOMS



TAMBOR O SAN JOSE

SANTA TERESA, COSTA RICA

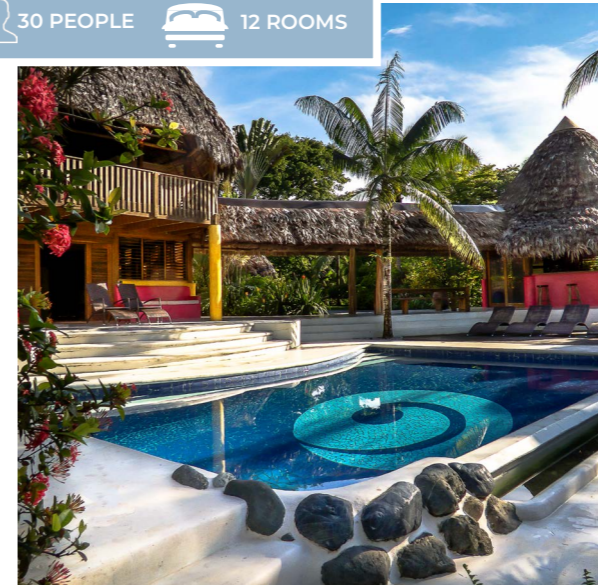
www.otroladolodge.com

FEATURES

HOTEL
Otro Lado is just steps away from the surf best beaches in Santa Teresa. There are two excellent beach breaks and one point break within walking distance from the hotel. Otro Lado Lodge caters to surfers and non-surfers alike wanting to experience a relaxing and wellness vacation. Otro Lado restaurant offers traditional Mediterranean dishes using fresh ingredients of the highest quality, extra virgin olive oil, herbs and spices.

Boca Sombrero

30 PEOPLE 12 ROOMS



PUNTARENAS, COSTA RICA

www.bocasombrero.com

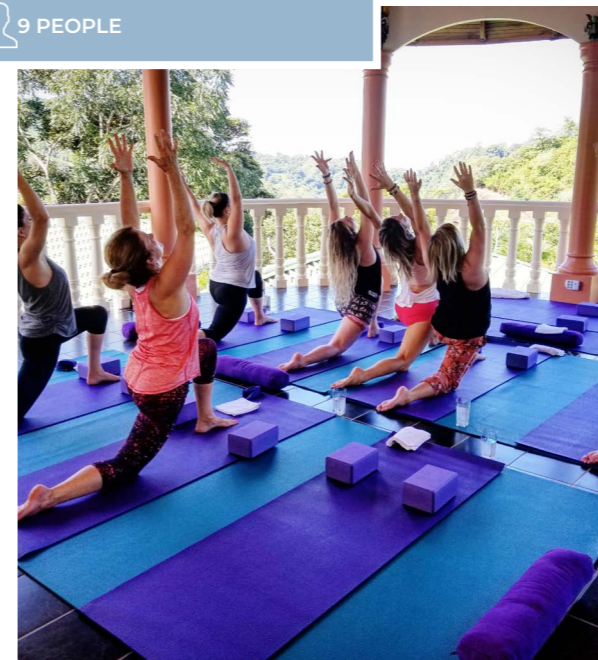
FEATURES

SAN JOSE RETREAT CENTER

Boca Sombrero is a 27 acre beachfront property situated at the mouth of the Golfo Dulce in Costa Rica's most biologically diverse area. Accommodations include luxurious beachfront villas, as well as adorable thatched roof tent cabinas. The surf is just steps away, and un-crowded. The yoga deck is open air and enjoys ocean breezes throughout the day. With abundant wildlife, pristine beaches, and off grid living; retreat goers are sure to experience a unique and memorable visit.

Mango Tree Villas and Retreats

9 PEOPLE



[mangotreevillasandretreats](https://www.instagram.com/mangotreevillasandretreats)

FEATURES

SAN JOSE RETREAT CENTER

TRES RIOS DE OJOCHAL, COSTA RICA

Welcome to Mango Tree Villas and Retreats! We offer daily, weekly, and monthly villa rentals and also host retreats and events! Visit Costa Rica and immerse yourself in pura vida! Enjoy the brilliant sunrises & sunsets at Mango Tree Villas. Cleanse your soul and find gratitude for our universe in all its splendor.

www.mangotreevillasandretreats.yoga



Hotel RipJack Inn

 PLAYA GRANDE, COSTA RICA

 LIBERIA

 HOTEL

RipJack Inn is located in a small surf town in Playa Grande Costa Rica. The community is made up of young families who enjoy an active life style. We are steps away from the main surf break which boasts some of the most consistent waves in Costa Rica. We have on site yoga to balance your body and replenish your soul.

 www.ripjackinn.com

FEATURES

 21 ROOMS

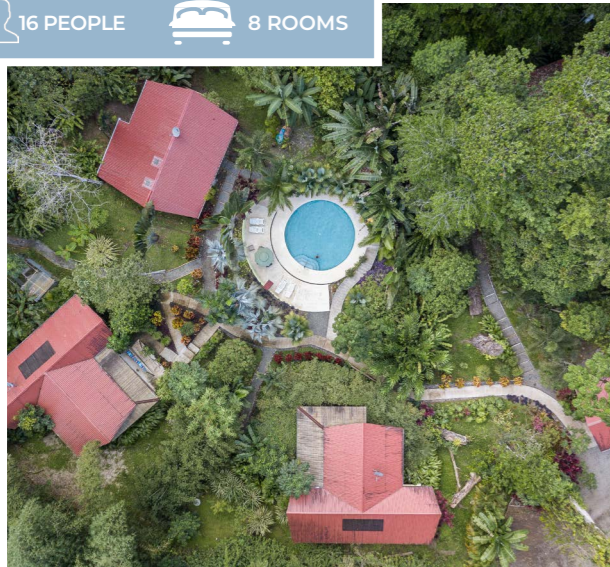
- 2 Swimming Pools
- 2 Yoga Studios
- Tree Top Dining
- Lounge Areas
- Ping Pong Table

Our chef is one of the best in the country. Our town is small and quiet and the vibe everywhere is laid back and happy. We are family owned and operated and we treat our guests like they are part of the family. Come experience the Pura Vida for yourself!

 www.instagram.com/ripjackinnr

Annanci Village

16 PEOPLE 8 ROOMS



SAN JOSE RESORT

www.annancivillage.com/

FEATURES

COCLES, COSTA RICA

Boutique vacation retreat, Villas and swimming pool. 500M or 5 minutes walk to Cocles Beach, Costa Rica. We have 4 villas and can accommodate 18 people. Wi-Fi Internet is available throughout. We have beaches- black and white sand, and secluded. There's one for all your desires. Surfing, snorkeling, horse riding, zip-lining, kayaking, paddle boarding, cycling, massages, yoga, spiritual healing and more await you where the jungle meets the sea.

Casa Mono Loco at Los Suenos Resort and Marina

6 PEOPLE 3 ROOMS



SAN JOSE VILLA

HERRADURA, COSTA RICA

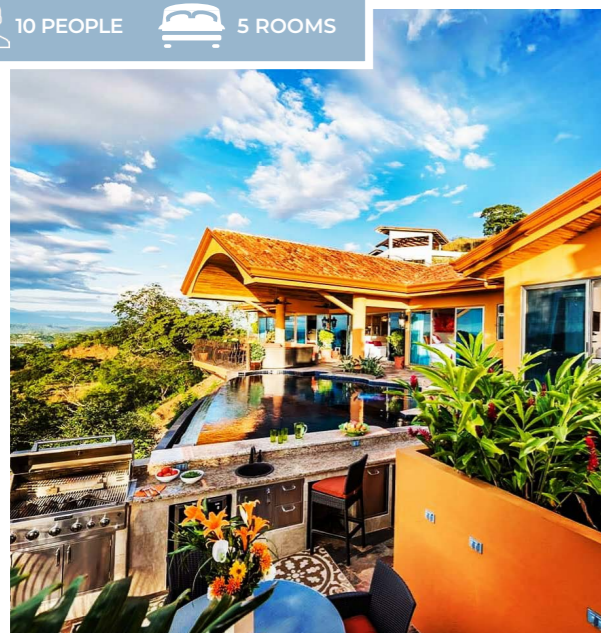
casamonoloco.com

FEATURES

Designed by Ronald Zurcher, Costa Rica's most renowned architect, Casa Mono Loco is a stunningly beautiful rental villa within the Los Sueños Resort & Marina offering secluded splendor with dramatic and commanding ocean views of Herradura Bay and beyond. Mono Loco sits in the Los Suenos nature reserve affording maximum privacy uniquely free of neighbors. Recently upgraded, redecorated and constantly refurbished by the owners who pay homage to the architectural integrity and beauty of the Ronald Zurcher design.

Casa Dare to Dream Costa Rica

10 PEOPLE 5 ROOMS



www.costaricacasadaretodream.com

FEATURES

LIBERIA VILLA

PLAYA HERMOSA, COSTA RICA

Rent a 6,500 sq. ft. luxury villa that features 5 bedrooms and 5 full baths that all have ocean view. Watch the sunsets from the 20 ft. arched wood ceiling great room and large kitchen. Enjoy the 1,200 sq. ft. outdoor deck that features an infinity pool with a swim up bar and grill.

Cabuya Lodge

15 PEOPLE 8 ROOMS



CABUYA, COSTA RICA

SAN JOSE RETREAT CENTER

www.instagram.com/cabuyalodge

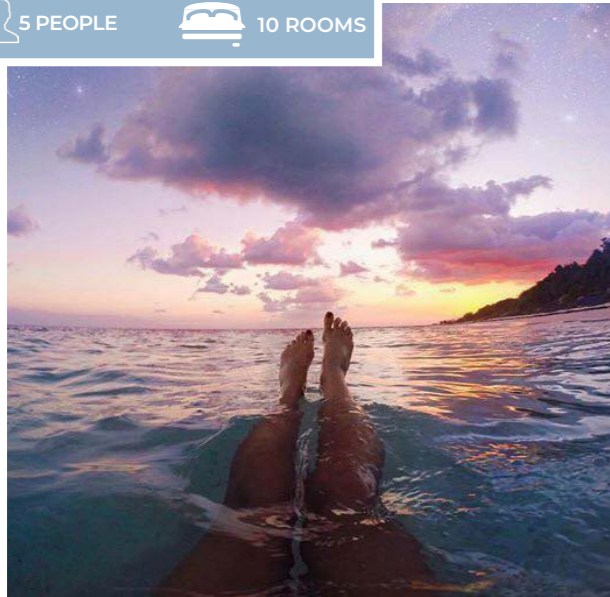
FEATURES

Cabuya Lodge is located in the fishing village of Cabuya on the southern tip of the Nicoya Peninsula. Immersed in nature, and only a short walk to the beach, Cabuya Lodge offers privacy, quiet, natural vibes as well as gorgeous social areas to enjoy nature in community, including a newly updated pool area and Yoga shala. We offer our retreat groups full service from assistance to the leader in planning, delicious local meals from our private chef, spa services, reservations for transportation, tours and activities and more. The lodge comfortably hosts up to 15 people in an intimate setting, perfect for retreats, family reunions, weddings and more.

www.cabuyalodge.com

Nosarananda

5 PEOPLE 10 ROOMS



LIBERIA VILLA
www.nosarananda.com

FEATURES

NOSARA, COSTA RICA

Visit our elegant, all inclusive, boutique resort in Nosara, Costa Rica, the quaint local of Playa Pelada just North of Playa Guiones and close to the boca Rio Nosara. A unique boutique experience awaits you, offering exciting local excursions, intimate and tranquil surroundings, gourmet organic meals, yoga therapy, massage, detox retreats and teacher trainings - tailored to meet your needs in honor of the five levels of healing.

instagram.com/nosarananda

Nalu Nosara

16 PEOPLE 7 ROOMS



LIBERIA RETREAT CENTER
instagram.com/nalunosara

FEATURES

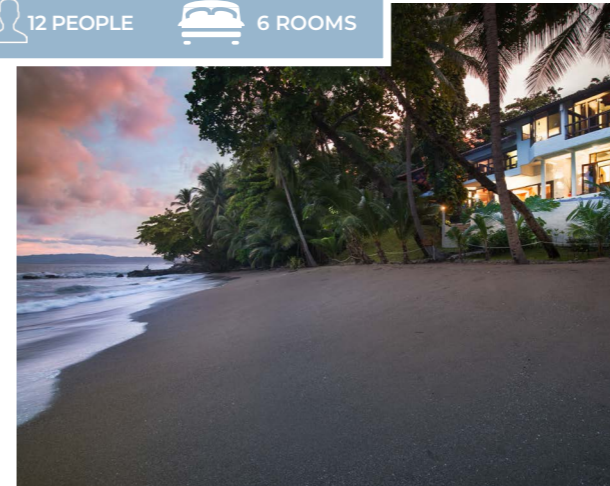
NOSARA, COSTA RICA

Nalu is a boutique jungle oasis in Nosara with private pool villas and a fitness studio offering public classes. Short walk to the beach and amazing surf! The Villas come with bed linens, bath, and beach towels. Spa bathrooms are set up so you can enjoy an indoor or outdoor shower to really get that sand out. Plenty of decks outside the kitchen and living room area, as well as every bedroom to enjoy your time outside lounging with your favorite book.

www.nalunosara.com

Casa Océano

12 PEOPLE 6 ROOMS



ALAJUELA VILLA
COSTA RICA
instagram.com/casaoceano/

FEATURES

Casa Oceano is a Luxury Villa located in Tango Mar, Puntarenas, Costa Rica. Beautiful Ocean View from 5 of the 6 bedrooms. Casa Oceano is a true beachfront villa – a marriage of sea, sand, oceanfront infinity pool and luxurious accommodations. Casa Oceano has a beachfront infinity pool – where you can have a tropical fruit smoothy or your favorite cocktail with your family and friends. There is a shaded oceanfront patio and a sun deck with comfortable lounge chairs

www.casaoceanocostarica.com

Casa El Chante

19 PEOPLE 8 ROOMS



LIBERIA ECO VILLAGE
instagram.com/elchantetamarindo

FEATURES

TAMARINDO, COSTA RICA

El Chante is a tropical haven with sweeping ocean views that epitomizes any nature or surf lover's idea of paradise. Nestled in the trees, the five bungalows act as individual bedroom suites, complete with their own private porch, master bath and bedroom decorated with authentic Balinese furniture, wood carvings, and traditional art. El Chante in Tamarindo, Costa Rica is The Perfect Place To Call Home.

www.elchantetamarindo.com

The Springs Resort & Spa

250 PEOPLE 75 ROOMS



FEATURES

ARENAL, COSTA RICA

Our Costa Rica luxury resort perches one thousand feet above the Arenal Valley on a mountain ridge just six kilometers north of the active volcano but safely outside of the government declared danger zone. With a spectacular view of the Arenal Volcano, natural hot and cold springs, five unique dining experiences, and an impressive full-service Spa, The Springs Resort and Spa at Arenal promises to overwhelm you in every aspect of quality, service, and design.

ALAJUELA RESORT

[instagram.com/lascascadasthefalls/](https://www.instagram.com/lascascadasthefalls/) www.thespringscostarica.com

Farm of Life, Costa Rica

19 PEOPLE 7 ROOMS



FEATURES

Located 45-minutes from Dominical Beach, at an elevation of 2,000 feet. We enjoy pleasant temperatures and views of the Pacific Ocean. A major feature of the Farm of Life is the amazing abundance of flora and plant life – hundreds of tropical fruit trees intermingled with edible shrubs, ornamentals and fragrant herbs are planted all around the orchards of the farm. Farm of Life encourages thoughtful, healthy meals that come from the earth.

SAN JOSE FARM

SAN JOSÉ, COSTA RICA

www.farmoflifecr.com

Vista Hermosa Estate

24 PEOPLE 8 ROOMS



FEATURES

Vista Hermosa Estate, a spectacular Luxury Villa with Breathtaking Ocean Views located in the wonderful beach town of Manuel Antonio. The highlight is a top floor entertainment area perfect for Yoga Retreats. Situated in a lush tropical setting, overlooking the forest tree line to the blue Pacific waters. Includes a Gourmet Chef, 8 Bedrooms, Sleeps 24, Private Beach Trail, 2-fulltime maids, and Personal Concierge. Retreat Organizers will find this Amazing Villa Perfect for Yoga, Wellness, and Couples Retreats.

ALAJUELA

MANUEL ANTONIO, COSTA RICA

[instagram.com/vistahermosaestate/](https://www.instagram.com/vistahermosaestate/) vistahermosaestate.com

El Sabanero Eco Lodge



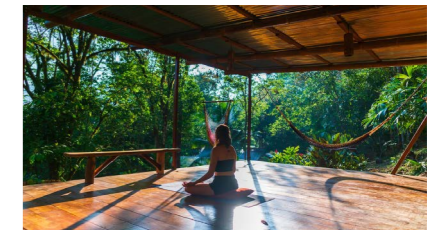
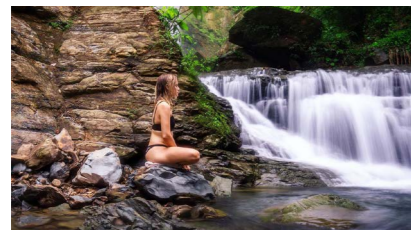
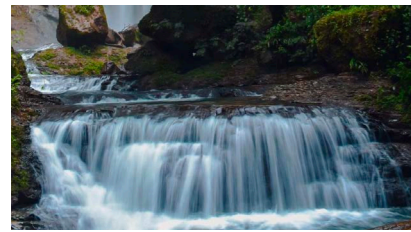
FEATURES

RINCON DE LA VIEJA, COSTA RICA

Quiet and beautiful existing in harmony to nature that is the El Sabanero Eco-Lodge. Located on a hillside in Cañafistula near Tamarindo (Costa Rica), the Hotel overlooks the Cañafistula valley with beautiful views from all Chalets. El Sabanero Eco Lodge in Costa Rica invites Yogis from all over the world to join our wonderful Retreats. We have 2 Shalas, one indoor and one outdoor with 3 in house Yoga teachers to experience the different styles. Have fun in our pool!

LIBERIA

[instagram.com/elsabaneroecolodge](https://www.instagram.com/elsabaneroecolodge) bookyogaandmore.com



Cascada Elysiana

 PUNTARENAS PROVINCE, COSTA RICA

 ALAJUELA

 RETREAT CENTER

Cascada Elysiana is a young and growing Eco-Lodge & Retreat Center near Dominical, Costa Rica. We are located 30 minutes from the gorgeous beaches of Dominical and Tinamaste's market. Cascada Elysiana is a space perfect for healing and for like-minded communities to come together from all over the world. The property has their own PRIVATE waterfall, yoga deck, and paths to hike for days!

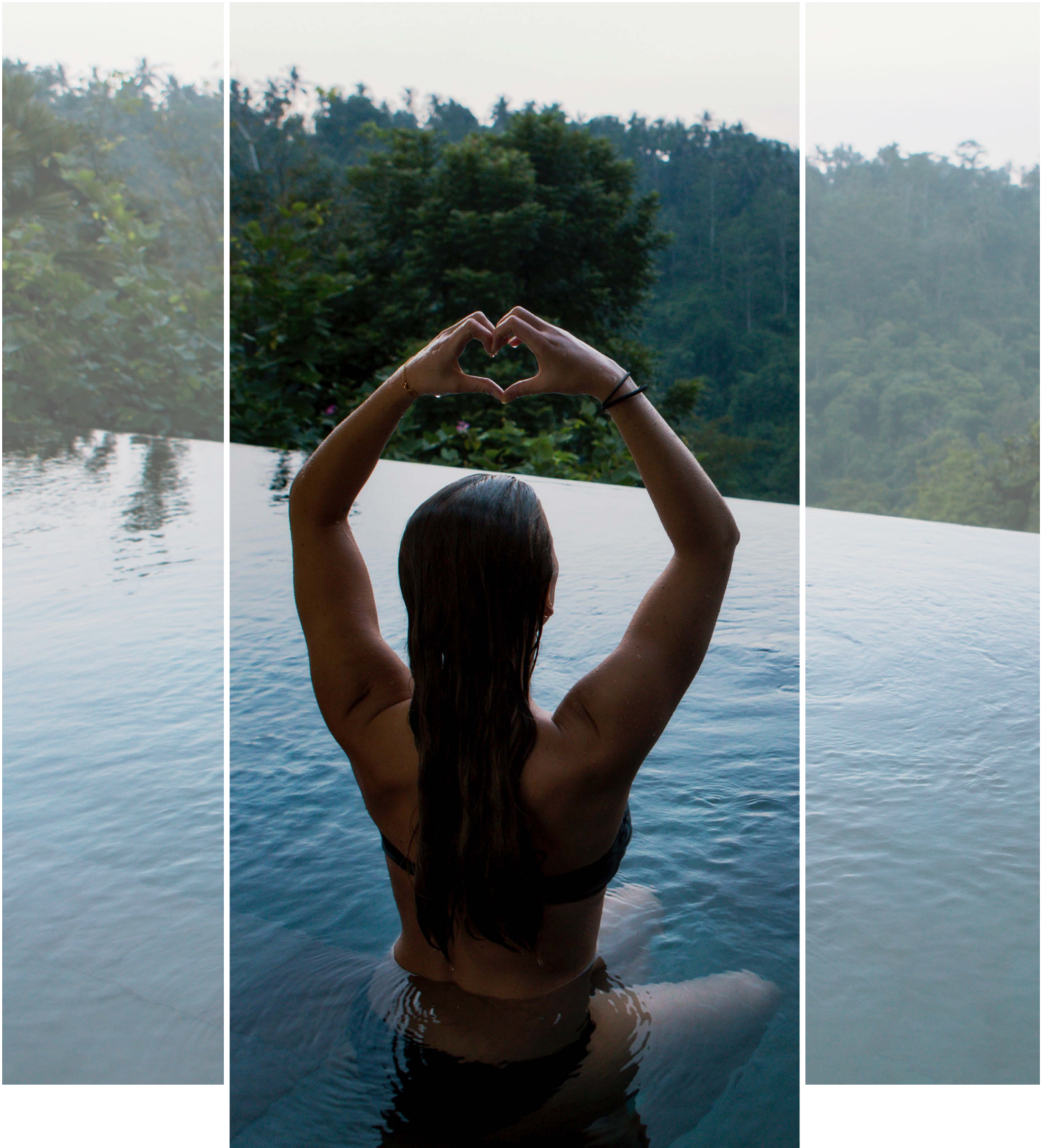
 www.cascadaelysiana.com

FEATURES

- WiFi
- Yoga Deck
- Private Waterfall
- Heated Open-air Showers
- Squeaky Clean Compost Toilets
- Herb & Vegetable Gardens
- Sculpted paths & hiking trails
- Cacao Ceremonies for Groups
- 2 New Cabinas with Bath and Shower

We offer a wonderfully introspective, remote and natural experience for Private Groups, Backpackers, Digital Nomads, Nature Lovers, Teachers, Learners and Adventurers of all kinds.

 www.instagram.com/cascada.elysiana/



RETREATS AND VENUES

510 W Hastings St, Vancouver, BC V6B 1L

Email: matt@retreatsandvenues.com

retreatsandvenues.com